

AYST Masters Swim Meet - 3/3/2024

Results - Events 1 - 19

Women 25-29 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Ramsey, Katie	25	Uc04	30.83	31.01
2 Morey, Cassandra	29	Uc04	30.78	31.30

Women 25-29 100 Yard Freestyle

1 Ramsey, Katie	25	Uc04	1:09.04	1:09.98
33.43	36.55			

Women 25-29 200 Yard Freestyle

1 Ramsey, Katie	25	Uc04	2:40.00	2:33.74
33.75	38.84	40.55	40.60	

Women 25-29 50 Yard Butterfly

1 Morey, Cassandra	29	Uc04	32.48	33.29
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Women 30-34 25 Yard Freestyle

1 Karszes, Emily	30	Rochester Area Masters Swimmin-4	16.00	13.59
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Women 30-34 50 Yard Freestyle

1 Karszes, Emily	30	Rochester Area Masters Swimmin-4	31.00	31.02
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Women 30-34 500 Yard Freestyle Positive Check-in

--- Webber, Samantha	32	Rochester Area Masters Swimmin-4	6:45.00	SCR
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Women 30-34 100 Yard IM

1 Karszes, Emily	30	Rochester Area Masters Swimmin-4	1:15.00	1:14.79
35.03	39.76			

Women 35-39 25 Yard Freestyle

1 Trousdale, Amanda	36	Auburn YMCA Stingrays Masters-4	10.00	14.74
2 Janish, Maggie	39	Auburn YMCA Stingrays Masters-4	25.00	15.85

Women 35-39 50 Yard Freestyle

1 Trousdale, Amanda	36	Auburn YMCA Stingrays Masters-4	31.77	32.53
2 Janish, Maggie	39	Auburn YMCA Stingrays Masters-4	40.00	36.12

Women 35-39 500 Yard Freestyle Positive Check-in

1 Trousdale, Amanda	36	Auburn YMCA Stingrays Masters-4	6:46.75	6:56.25
36.43	39.67	41.42	41.99	42.72
42.77	42.98	43.16		
43.35	41.76			

Women 35-39 50 Yard Breaststroke

1 Trousdale, Amanda	36	Auburn YMCA Stingrays Masters-4	41.02	41.58
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Women 40-44 50 Yard Freestyle

1 Carbonaro, Kara	41	Auburn YMCA Stingrays Masters-4	29.99	30.45
2 Markovich, Bethany	40	Uc04	32.15	32.24

Women 40-44 100 Yard Freestyle

1 Schafer, Melissa	42	Central New York YMCA-4	1:01.01	59.33
28.03	31.30			
2 Markovich, Bethany	40	Uc04	1:11.00	1:08.01
33.25	34.76			
3 King, Sarah	40	Connecticut Masters-5	2:10.00	2:06.95
1:03.18	1:03.77			

AYST Masters Swim Meet - 3/3/2024

Results - Events 1 - 19

Women 40-44 500 Yard Freestyle Positive Check-in

1	Markovich, Bethany	40	Uc04						6:20.00	6:18.89
	35.15	37.61	38.29	38.47	38.37	38.18	38.17	38.47		
	37.98	38.20								

Women 40-44 50 Yard Backstroke

1	Schafer, Melissa	42	Central New York YMCA-4						31.50	31.84
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Women 40-44 50 Yard Breaststroke

1	Markovich, Bethany	40	Uc04						48.00	45.25
2	King, Sarah	40	Connecticut Masters-5						1:45.00	2:05.14

Women 40-44 100 Yard Breaststroke

1	King, Sarah	40	Connecticut Masters-5						3:45.00	4:27.10
	2:11.81	2:15.29								

Women 40-44 100 Yard Butterfly

1	Schafer, Melissa	42	Central New York YMCA-4						1:10.41	1:07.08
	31.10	35.98								
2	King, Sarah	40	Connecticut Masters-5						3:15.00	3:09.23
	1:34.07	1:35.16								

Women 40-44 100 Yard IM

1	Schafer, Melissa	42	Central New York YMCA-4						1:09.75	1:07.24
	31.00	36.24								
2	Carbonaro, Kara	41	Auburn YMCA Stingrays Masters-4						1:25.99	1:16.48
	33.91	42.57								
3	King, Sarah	40	Connecticut Masters-5						2:55.00	2:53.50
	1:23.94	1:29.56								

Women 40-44 200 Yard IM

1	Markovich, Bethany	40	Uc04						2:48.00	2:46.78
	37.83	41.98	50.32	36.65						

Women 40-44 400 Yard IM

1	King, Sarah	40	Connecticut Masters-5						12:00.00	12:38.50
	1:33.60	1:38.36	1:30.19	1:28.90	2:05.78	2:07.81	1:08.19	1:05.67		

Women 45-49 25 Yard Freestyle

1	Shelhamer, Leslie	49	Uc04						NT	16.89
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Women 45-49 50 Yard Freestyle

1	Shelhamer, Leslie	49	Uc04						NT	38.28
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Women 45-49 100 Yard Freestyle

1	House, Shannon	47	Auburn YMCA Stingrays Masters-4						1:05.54	1:04.60
	31.54	33.06								
2	Shelhamer, Leslie	49	Uc04						NT	1:29.41
	41.23	48.18								

Women 45-49 500 Yard Freestyle Positive Check-in

1	House, Shannon	47	Auburn YMCA Stingrays Masters-4						6:45.00	6:31.55
	34.34	37.75	39.10	40.36	40.20	40.19	40.22	40.46		
	40.13	38.80								

Women 45-49 100 Yard Butterfly

1	House, Shannon	47	Auburn YMCA Stingrays Masters-4						1:19.52	1:20.87
	37.87	43.00								

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****Women 50-54 50 Yard Freestyle**

1	Gianniny, Dana	54	Rochester Area Masters Swimmin-4	29.40	29.42
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Women 50-54 100 Yard Freestyle

1	Gianniny, Dana	54	Rochester Area Masters Swimmin-4	1:03.00	1:03.52
	30.63 32.89				
2	Torell, Susan	53	Auburn YMCA Stingrays Masters-4	1:30.00	1:20.02
	38.37 41.65				

Women 50-54 200 Yard Freestyle

1	Gianniny, Dana	54	Rochester Area Masters Swimmin-4	2:12.00	2:13.12
	31.49 33.81 34.35 33.47				

Women 50-54 500 Yard Freestyle Positive Check-in

1	Gianniny, Dana	54	Rochester Area Masters Swimmin-4	5:45.00	5:42.49
	31.62 34.15 34.68 34.87 34.99 34.93 35.02 34.83				
	34.05 33.35				
2	Torell, Susan	53	Auburn YMCA Stingrays Masters-4	8:00.00	7:48.26
	39.42 43.52 45.26 46.66 47.50 48.13 49.40 50.97				
	49.83 47.57				

Women 50-54 50 Yard Breaststroke

1	Torell, Susan	53	Auburn YMCA Stingrays Masters-4	50.00	42.09
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Women 60-64 50 Yard Freestyle

1	Turner, Holly	62	Rochester Area Masters Swimmin-4	30.68	31.66
2	Del Favero, Shari	61	Auburn YMCA Stingrays Masters-4	35.00	38.85

Women 60-64 100 Yard Freestyle

1	Del Favero, Shari	61	Auburn YMCA Stingrays Masters-4	1:19.00	1:30.85
	44.60 46.25				

Women 60-64 50 Yard Backstroke

1	Del Favero, Shari	61	Auburn YMCA Stingrays Masters-4	41.00	45.70
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Women 60-64 100 Yard Backstroke

1	Del Favero, Shari	61	Auburn YMCA Stingrays Masters-4	1:22.00	1:39.64
	49.08 50.56				

Women 60-64 100 Yard Breaststroke

1	Turner, Holly	62	Rochester Area Masters Swimmin-4	1:30.00	1:33.94
	44.46 49.48				

Women 60-64 200 Yard Breaststroke

1	Turner, Holly	62	Rochester Area Masters Swimmin-4	3:10.00	3:32.51
	46.41 54.38 56.08 55.64				

Women 60-64 50 Yard Butterfly

1	Turner, Holly	62	Rochester Area Masters Swimmin-4	38.11	39.48
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Women 60-64 100 Yard IM

1	Del Favero, Shari	61	Auburn YMCA Stingrays Masters-4	1:25.00	1:38.61
	45.51 53.10				

Women 65-69 25 Yard Freestyle

1	Osullivan, Elizabeth	65	Auburn YMCA Stingrays Masters-4	14.00	14.07
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Women 65-69 50 Yard Freestyle

1	Osullivan, Elizabeth	65	Auburn YMCA Stingrays Masters-4	31.50	31.16
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AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****(Women 65-69 50 Yard Freestyle)**

2	Hoppenrath, Terri	66	Uc04						32.00	31.46
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Women 65-69 500 Yard Freestyle Positive Check-in

1	Osullivan, Elizabeth	65	Auburn YMCA Stingrays Masters-4						6:52.73	6:45.54
				35.61	39.63	41.61	42.14	41.57	42.06	41.90
				41.12	38.10					

Women 65-69 50 Yard Backstroke

1	Hoppenrath, Terri	66	Uc04						40.83	38.70
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Women 65-69 100 Yard Backstroke

1	Hoppenrath, Terri	66	Uc04						1:32.00	1:26.47
				41.40	45.07					

Women 65-69 200 Yard Backstroke

1	Hoppenrath, Terri	66	Uc04						3:23.00	3:07.69
				43.15	47.45	49.14	47.95			

Women 65-69 50 Yard Breaststroke

1	Osullivan, Elizabeth	65	Auburn YMCA Stingrays Masters-4						43.16	43.49
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Women 65-69 50 Yard Butterfly

1	Osullivan, Elizabeth	65	Auburn YMCA Stingrays Masters-4						37.30	36.96
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Women 65-69 400 Yard IM

1	Osullivan, Elizabeth	65	Auburn YMCA Stingrays Masters-4						NT	6:40.70
				44.92			52.94	55.45	56.15	41.83
									38.14	

Men 25-29 25 Yard Freestyle

1	Grant, Brett	28	Uc04						12.00	11.44
2	Sliss, Jeremy	28	Auburn YMCA Stingrays Masters-4						11.00	13.15

Men 25-29 200 Yard Freestyle

1	Sliss, Jeremy	28	Auburn YMCA Stingrays Masters-4						2:04.00	2:04.36
				29.37	30.56	32.07	32.36			

Men 25-29 500 Yard Freestyle Positive Check-in

1	Sliss, Jeremy	28	Auburn YMCA Stingrays Masters-4						5:45.00	5:45.97
				30.35	32.34	32.87	33.73	34.35	35.05	36.02
				37.77	36.64				36.85	

Men 25-29 50 Yard Backstroke

1	Sliss, Jeremy	28	Auburn YMCA Stingrays Masters-4						29.20	31.04
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Men 25-29 50 Yard Breaststroke

1	Grant, Brett	28	Uc04						35.50	37.76
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Men 25-29 50 Yard Butterfly

1	Grant, Brett	28	Uc04						27.12	28.08
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Men 25-29 100 Yard Butterfly

1	Sliss, Jeremy	28	Auburn YMCA Stingrays Masters-4						1:02.80	1:03.74
				29.55	34.19					

Men 25-29 100 Yard IM

1	Grant, Brett	28	Uc04						1:08.50	1:09.76
				29.16	40.60					

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****Men 30-34 25 Yard Freestyle**

1	Schonfeld, Lucas	32	Auburn YMCA Stingrays Masters-4	16.00	12.29
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Men 30-34 50 Yard Freestyle

1	VanHall, Adrian	31	Binghamton Univ Masters-4	23.50	23.78
2	Schonfeld, Lucas	32	Auburn YMCA Stingrays Masters-4	35.00	27.84

Men 30-34 100 Yard Freestyle

1	VanHall, Adrian	31	Binghamton Univ Masters-4	53.50	52.15
	25.08 27.07				
2	Schonfeld, Lucas	32	Auburn YMCA Stingrays Masters-4	1:19.00	1:08.00
	32.61 35.39				

Men 30-34 200 Yard Freestyle

1	VanHall, Adrian	31	Binghamton Univ Masters-4	1:55.00	1:56.17
	27.09 29.35 30.09 29.64				

Men 30-34 500 Yard Freestyle Positive Check-in

1	VanHall, Adrian	31	Binghamton Univ Masters-4	5:25.00	5:19.52
	28.20 31.52 31.85 32.09 32.40 32.57 32.38 32.83				
	33.44 32.24				

Men 30-34 50 Yard Backstroke

1	Schonfeld, Lucas	32	Auburn YMCA Stingrays Masters-4	47.00	39.47
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Men 35-39 25 Yard Freestyle

1	Vincent, Cody	38	Auburn YMCA Stingrays Masters-4	12.00	11.25
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Men 35-39 50 Yard Freestyle

1	Vincent, Cody	38	Auburn YMCA Stingrays Masters-4	25.04	25.29
2	Brown, Joel	36	Binghamton Univ Masters-4	29.97	29.76

Men 35-39 100 Yard Freestyle

1	Brown, Joel	36	Binghamton Univ Masters-4	1:11.11	1:10.06
	33.80 36.26				

Men 35-39 500 Yard Freestyle Positive Check-in

1	Vincent, Cody	38	Auburn YMCA Stingrays Masters-4	6:10.00	5:57.07
	31.02 33.57 34.71 35.17 35.81 36.56 37.35 37.67				
	38.05 37.16				
2	Brown, Joel	36	Binghamton Univ Masters-4	7:51.48	7:47.92
	6:24.29				

Men 35-39 50 Yard Backstroke

1	Brown, Joel	36	Binghamton Univ Masters-4	39.32	39.16
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Men 35-39 50 Yard Butterfly

1	Vincent, Cody	38	Auburn YMCA Stingrays Masters-4	27.87	27.57
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Men 40-44 25 Yard Freestyle

1	Walter, Dan	40	Auburn YMCA Stingrays Masters-4	11.99	11.00
2	Ferrin, Lucas	42	Auburn YMCA Stingrays Masters-4	1:11.00	11.17
3	Herrling, Daniel	41	Auburn YMCA Stingrays Masters-4	13.00	12.59

Men 40-44 50 Yard Freestyle

1	Walter, Dan	40	Auburn YMCA Stingrays Masters-4	25.85	26.11
2	Clark, Richard	43	Uc04	27.35	26.81
3	Herrling, Daniel	41	Auburn YMCA Stingrays Masters-4	26.74	27.01

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****Men 40-44 100 Yard Freestyle**

1	Bodensteiner, Johann	41	Genesee Valley Masters Swimmin-4	53.73	57.20
	27.27 29.93				
2	Clark, Richard	43	Uc04	1:00.21	1:00.69
	28.11 32.58				

Men 40-44 200 Yard Freestyle

1	Bodensteiner, Johann	41	Genesee Valley Masters Swimmin-4	2:02.73	2:05.55
	28.06 30.85 32.92		33.72		
2	Ferrin, Lucas	42	Auburn YMCA Stingrays Masters-4	2:04.03	2:07.60
	28.80 32.68 33.49		32.63		
3	Herrling, Daniel	41	Auburn YMCA Stingrays Masters-4	2:14.21	2:15.60
	28.89 32.99 35.65		38.07		

Men 40-44 500 Yard Freestyle Positive Check-in

1	Ferrin, Lucas	42	Auburn YMCA Stingrays Masters-4	5:41.93	5:46.61
	30.60 33.46 34.86		35.29 36.00 36.24 36.40	35.42	
	34.75 33.59				
2	Walter, Dan	40	Auburn YMCA Stingrays Masters-4	6:15.00	6:06.59
	31.17 35.45 36.83		37.68 38.35 37.91 38.08	38.33	
	37.51 35.28				

Men 40-44 50 Yard Backstroke

1	Herrling, Daniel	41	Auburn YMCA Stingrays Masters-4	41.00	40.52
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Men 40-44 50 Yard Breaststroke

1	Clark, Richard	43	Uc04	33.84	34.58
2	Herrling, Daniel	41	Auburn YMCA Stingrays Masters-4	37.90	36.78

Men 40-44 100 Yard Breaststroke

1	Clark, Richard	43	Uc04	1:14.35	1:15.82
	35.07 40.75				

Men 40-44 200 Yard Breaststroke

1	Bodensteiner, Johann	41	Genesee Valley Masters Swimmin-4	2:50.08	2:53.08
	39.09 42.78 46.06		45.15		

Men 40-44 50 Yard Butterfly

1	Walter, Dan	40	Auburn YMCA Stingrays Masters-4	32.24	32.09
2	Herrling, Daniel	41	Auburn YMCA Stingrays Masters-4	38.55	36.72

Men 40-44 100 Yard Butterfly

1	Ferrin, Lucas	42	Auburn YMCA Stingrays Masters-4	1:08.80	1:10.05
	33.04 37.01				

Men 40-44 100 Yard IM

1	Bodensteiner, Johann	41	Genesee Valley Masters Swimmin-4	1:06.78	1:07.96
	32.47 35.49				
2	Clark, Richard	43	Uc04	1:07.50	1:08.75
	31.24 37.51				

Men 40-44 200 Yard IM

1	Bodensteiner, Johann	41	Genesee Valley Masters Swimmin-4	2:27.83	2:35.08
	33.31 41.24 45.76		34.77		

Men 45-49 25 Yard Freestyle

1	House, Brian	45	Auburn YMCA Stingrays Masters-4	13.00	11.46
2	Dello Stritto, Doug	48	Canandaigua Masters Swim Club-4	14.00	11.84

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****(Men 45-49 25 Yard Freestyle)**

3	Flansburg, Chad	48	Genesee Valley Masters Swimmin-4	17.17	12.50
4	Irwin, John	46	USAM Masters-3	23.00	13.83
5	Dalziel, John	46	Auburn YMCA Stingrays Masters-4	14.28	17.27

Men 45-49 50 Yard Freestyle

1	House, Brian	45	Auburn YMCA Stingrays Masters-4	24.82	25.39
2	Dello Stritto, Doug	48	Canandaigua Masters Swim Club-4	27.00	26.49
3	Dalziel, John	46	Auburn YMCA Stingrays Masters-4	33.00	32.49

Men 45-49 500 Yard Freestyle Positive Check-in

1	Dalziel, John	46	Auburn YMCA Stingrays Masters-4	7:40.00	7:29.11
	38.22	47.03	47.11	45.76	46.69
	46.87		44.12	46.16	

Men 45-49 100 Yard Backstroke

1	Flansburg, Chad	48	Genesee Valley Masters Swimmin-4	1:30.00	1:31.34
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Men 45-49 50 Yard Breaststroke

1	Flansburg, Chad	48	Genesee Valley Masters Swimmin-4	32.98	33.52
2	Irwin, John	46	USAM Masters-3	36.08	37.76

Men 45-49 100 Yard Breaststroke

1	Flansburg, Chad	48	Genesee Valley Masters Swimmin-4	1:13.78	1:14.52
	35.35	39.17			
2	Irwin, John	46	USAM Masters-3	1:20.27	1:27.18
	39.31	47.87			
3	Dalziel, John	46	Auburn YMCA Stingrays Masters-4	1:35.00	1:35.13
	45.89	49.24			

Men 45-49 50 Yard Butterfly

1	Dello Stritto, Doug	48	Canandaigua Masters Swim Club-4	27.00	27.79
2	House, Brian	45	Auburn YMCA Stingrays Masters-4	30.09	30.54

Men 45-49 100 Yard Butterfly

1	Flansburg, Chad	48	Genesee Valley Masters Swimmin-4	1:39.00	1:21.28
	37.44	43.84			

Men 45-49 100 Yard IM

1	House, Brian	45	Auburn YMCA Stingrays Masters-4	1:10.44	1:10.05
	32.04	38.01			
2	Flansburg, Chad	48	Genesee Valley Masters Swimmin-4	1:09.43	1:12.69
	33.92	38.77			

Men 55-59 25 Yard Freestyle

1	Hilton, Rob	55	Rochester Area Masters Swimmin-4	12.00	11.81
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Men 55-59 50 Yard Backstroke

1	Hilton, Rob	55	Rochester Area Masters Swimmin-4	29.86	29.99
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Men 55-59 50 Yard Breaststroke

1	Lee, Thomas	56	Genesee Valley Masters Swimmin-4	38.00	37.37
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Men 55-59 50 Yard Butterfly

1	Hilton, Rob	55	Rochester Area Masters Swimmin-4	26.32	27.59
2	Lee, Thomas	56	Genesee Valley Masters Swimmin-4	30.00	32.23

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****Men 55-59 100 Yard IM**

1	Hilton, Rob	55	Rochester Area Masters Swimmin-4	1:15.00	1:05.35
	29.39 35.96				
2	Lee, Thomas	56	Genesee Valley Masters Swimmin-4	1:15.00	1:14.80
	35.74 39.06				

Men 60-64 50 Yard Freestyle

1	Alley, John	60	Uc04	29.70	30.38
2	Perrin, Russell	64	Canandaigua Masters Swim Club-4	34.32	35.00

Men 60-64 100 Yard Freestyle

1	Alley, John	60	Uc04	1:08.00	1:07.11
	32.65 34.46				
2	Perrin, Russell	64	Canandaigua Masters Swim Club-4	1:18.85	1:18.86
	37.22 41.64				

Men 60-64 200 Yard Freestyle

1	Silvestri, Markus	60	Genesee Valley Masters Swimmin-4	2:21.00	2:22.69
	31.91 36.20 1:14.58				
2	Vallely, Kevin	62	Uc04	2:44.00	2:43.23
	37.17 42.16 1:23.90				

Men 60-64 500 Yard Freestyle Positive Check-in

1	Silvestri, Markus	60	Genesee Valley Masters Swimmin-4	6:22.00	6:18.67
	32.86 36.72 38.17 38.23 3:52.69				
2	Vallely, Kevin	62	Uc04	7:20.00	7:14.47
	38.24 42.10 43.09 44.45 44.26 44.29 44.61 45.42				
	45.12 42.89				

Men 60-64 50 Yard Backstroke

1	Moreland, Michael	60	Genesee Valley Masters Swimmin-4	32.80	32.67
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Men 60-64 100 Yard Backstroke

1	Moreland, Michael	60	Genesee Valley Masters Swimmin-4	1:11.80	1:11.31
	34.28 37.03				

Men 60-64 200 Yard Backstroke

1	Moreland, Michael	60	Genesee Valley Masters Swimmin-4	2:37.20	2:36.17
	40.43 39.67				

Men 60-64 50 Yard Breaststroke

1	Alley, John	60	Uc04	38.74	37.85
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Men 60-64 50 Yard Butterfly

1	Silvestri, Markus	60	Genesee Valley Masters Swimmin-4	32.00	34.02
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Men 60-64 200 Yard Butterfly

1	Perrin, Russell	64	Canandaigua Masters Swim Club-4	3:35.00	3:28.92
	46.70 2:42.22				

Men 60-64 100 Yard IM

1	Alley, John	60	Uc04	1:14.81	1:15.96
	35.10 40.86				

Men 60-64 200 Yard IM

1	Perrin, Russell	64	Canandaigua Masters Swim Club-4	3:35.00	3:21.86
	45.83 55.50 1:40.53				

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****Men 60-64 400 Yard IM**

1 Alley, John	60 Uc04	NT	6:18.10
44.03 49.54 50.97 48.30 52.44 51.43 41.49 39.90			

Men 65-69 25 Yard Freestyle

1 Sawran, Michael	65 Auburn YMCA Stingrays Masters-4	15.12	14.97
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Men 65-69 50 Yard Freestyle

1 Simm, John	68 Niagara District Masters-4	30.50	31.57
2 Sawran, Michael	65 Auburn YMCA Stingrays Masters-4	1:15.00	35.04
3 Lavner, Mark	67 Rochester Area Masters Swimmin-4	40.28	38.30

Men 65-69 100 Yard Freestyle

1 Lavner, Mark	67 Rochester Area Masters Swimmin-4	1:29.87	1:29.23
43.06 46.17			

Men 65-69 50 Yard Backstroke

1 Simm, John	68 Niagara District Masters-4	34.90	35.21
2 Lavner, Mark	67 Rochester Area Masters Swimmin-4	47.50	48.07

Men 65-69 50 Yard Breaststroke

1 Simm, John	68 Niagara District Masters-4	42.50	42.70
2 Sawran, Michael	65 Auburn YMCA Stingrays Masters-4	1:20.12	54.04

Men 65-69 50 Yard Butterfly

1 Simm, John	68 Niagara District Masters-4	34.50	35.88
2 Sawran, Michael	65 Auburn YMCA Stingrays Masters-4	1:30.12	49.86

Men 65-69 100 Yard IM

1 Lavner, Mark	67 Rochester Area Masters Swimmin-4	1:44.95	1:47.25
50.99 56.26			

Men 70-74 50 Yard Freestyle

1 Blondell, Richard	71 Nickel City Splash Swim Team-4	32.08	33.61
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Men 70-74 100 Yard Freestyle

1 Blondell, Richard	71 Nickel City Splash Swim Team-4	1:11.83	1:17.59
37.83 39.76			

Men 70-74 50 Yard Breaststroke

1 Blondell, Richard	71 Nickel City Splash Swim Team-4	42.95	45.92
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Men 70-74 100 Yard Breaststroke

1 Blondell, Richard	71 Nickel City Splash Swim Team-4	1:40.11	1:46.33
50.28 56.05			

Women 35+ 200 Yard Freestyle Relay To Be Deck Seeded

1 Auburn YMCA Stingrays Masters-	B	NT	2:05.37
1) House, Shannon W47	2) Janish, Maggie W39	3) Trousdale, Amanda W36	4) Carbonaro, Kara W41
29.44 34.30 32.08 29.55			

Women 35+ 200 Yard Medley Relay To Be Deck Seeded

1 Auburn YMCA Stingrays Masters-	A	NT	2:24.87
1) Carbonaro, Kara W41	2) Torell, Susan W53	3) House, Shannon W47	4) Trousdale, Amanda W36
36.80 42.04 33.87 32.16			

AYST Masters Swim Meet - 3/3/2024**Results - Events 1 - 19****Men 25+ 200 Yard Freestyle Relay To Be Deck Seeded**

1 Auburn YMCA Stingrays Masters-	A				NT	1:47.84
1) Schonfeld, Lucas M32	2) Herrling, Daniel M41	3) Ferrin, Lucas M42	4) Vincent, Cody M38			
28.51	29.06	25.29	24.98			
2 Auburn YMCA Stingrays Masters-	C				NT	1:48.17
1) Sliss, Jeremy M28	2) Dalziel, John M46	3) Walter, Dan M40	4) House, Brian M45			
27.44	30.84	25.15	24.74			

Men 25+ 200 Yard Medley Relay To Be Deck Seeded

1 Auburn YMCA Stingrays Masters-	B				NT	1:58.92
1) Sliss, Jeremy M28	2) Ferrin, Lucas M42	3) Vincent, Cody M38	4) House, Brian M45			
32.39	31.90	29.33	25.30			

Men 35+ 200 Yard Freestyle Relay To Be Deck Seeded

1 Genesee Valley Masters Swimmin	A				NT	1:55.73
1) Lee, Thomas M56	2) Flansburg, Chad M48	3) Silvestri, Markus M60	4) Bodensteiner, Johann M41			
31.07	28.09	29.69	26.88			

Men 45+ 200 Yard Medley Relay To Be Deck Seeded

1 Genesee Valley Masters Swimmin	A				NT	2:07.11
1) Moreland, Michael M60	2) Flansburg, Chad M48	3) Lee, Thomas M56	4) Silvestri, Markus M60			
32.98	32.69	31.51	29.93			

Mixed 25+ 200 Yard Freestyle Relay To Be Deck Seeded

1 Uc04	A				NT	1:59.53
1) Grant, Brett M28	2) Morey, Cassandra W29	3) Ramsey, Katie W25	4) Vallely, Kevin M62			
25.56	30.04	30.51	33.42			

Mixed 25+ 200 Yard Medley Relay To Be Deck Seeded

1 Uc04	A				NT	2:11.35
1) Markovich, Bethany W40	2) Clark, Richard M43	3) Morey, Cassandra W29	4) Grant, Brett M28			
36.41	34.32	34.11	26.51			