

Skaneateles SPLASH! Masters Swim Meet

Sponsored by the Skaneateles Masters Swim Club and Sanctioned by Niagara District Masters Swimming for USMS, Inc., Sanction Number: **ND08-03**

Date: **Sunday March 30, 2008. Warm up starts: 9:00AM. Meet starts: 10:00AM**

Facility: Mary H. Soderberg Aquatics Center at the Skaneateles Community Center. The pool is an 8 lane, 25 yard, electronically timed pool, with non-turbulent lane lines, and a separate pool for continuous warm-up. Plus: a whirlpool spa.

Location: **Skaneateles Recreation Center 97 State St. (Ct. Rt. 321); Skaneateles, NY. Ph: 315-685-2266**

Eligibility: Open to all USMS and CASA registered swimmers 18 and older as of March 30, 2008. USMS registration will be available at the meet.

Director: Rita Edwards 315-685-2462 (before 8:30 PM), catluv99@verizon.net

Fees: \$24 per swimmer. Includes 5 individual events and relays. Results will be mailed for an additional \$4. Deck entries accepted. Deck entry: \$30.

Awards: For 1st, 2nd, and 3rd place finishers in age groups.

Warm-up: 9:00-9:30 Lanes 1-8 circle swimming, No Diving, No Side Entry.
9:30-10:00 Lanes 1 & 8 for Diving and Sprints (one way)

Name _____
Address _____
CASA/USMS # _____ E-mail _____
Sex _____ Age _____ Date of Birth _____
Phone No. (H) _____ (W) _____ (C) _____
Club (where you practice) _____

Event No.	Event Name:	Seed Time	Event No.	Event Name:	Seed Time
1.	200 yd Medley Relay	_____	10.	200 yd Free Relay	_____
2.	200 yd Free	_____	11.	100 yd Fly	_____
3.	100 yd IM	_____	12.	100 yd Freestyle	_____
4.	100 yd Backstroke	_____	13.	200 yd Breastroke	_____
5.	50 yd Freestyle	_____	14.	200 yd IM	_____
6.	200 yd Fly	_____	15.	50 yd Breastroke	_____
7.	100 yd Breastroke	_____	16.	200 yd Backstroke	_____
8.	400 yd IM	_____	17.	50 yd Fly	_____
9.	500 yd Freestyle	_____	18.	50 yd Backstroke	_____
<u>Ten Minute Break</u>			19.	1000 yd Freestyle	_____

Events will be mixed (men and women) and seeded slowest to fastest by time.

Event 19 will be seeded fastest to slowest. Relays and events 400yards and longer require deck check in will be deck seeded.

Entries must be received by March 24, 2008 and Include:

1. **Photocopy of USMS Registration.**
2. **Check or Money Order:** Made out to: **Skaneateles SPLASH! Inc.**
3. **SIGNED WAIVER:** See below.

Send entries to: SPLASH! Masters Meet Registration
c/o Mary Menapace
1546 Coon Hill Rd.
Skaneateles, NY 13152

Registration inquiries: msmenapace@aol.com

WAIVER:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks.

AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PRORGAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)

Signature of Participant _____ Date _____