

Water Power Gazette

<http://www.niagaramasters.org>

<http://www.usms.org>

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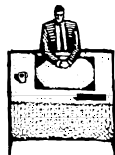
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Chairman's Update

By Dan Kornblatt



Record season of Records

I just got an urgent message from Bill Walter, our records keeper: STOP SWIMMING SO FAST!!! There were over 120 new Niagara Long Course Meters set this summer. Bill has spent all his free time compiling them for this issue of the WPG. Congratulations to all. We got off to a good start with the UB Nickel Splash LCM meet in June. Threw in some open water at Canandaigua for a change of pace, than hit some very hot weather and water at the return of the Empire State Games in Syracuse. But the best was yet to come: Long Course Nationals at Cleveland State University. Niagara fielded an all time high for an away Championship meet of 33 swimmers. We came away with 2nd place in the medium combined team, 3rd in women's large team, and 8th in men medium team. We had 20 women swimmers and only 13 men. Come on guys, they really carried our Speedos for us. There were many great individual performances and numerous PR's, but the highlight had to be the first place finish of the women's 200+ free relay. The team of Jane Gram, Holly Evans, Wendy Ryan, and Denise Everett put on a show and got a swimming memory, which won't fade for quite sometime. In talking to many of our swimmers one thing always comes out. The people who did well in the pool put in the extra effort in the months leading up to the meet. Whether it's driving from Hamburg to UB to get in those 50 meter workouts, to not missing a practice when all those distractions of summer are abound, the people who put out the extra effort and set their personal goals high usually have good swims. That's the beauty of our sport. You don't have to be blessed with superior athletic abilities to do well in Masters.

Championships are for Everyone

You don't have to be a top ten swimmer to go to big meets. I swam the 100 free within 2 tenths of my all time best from '94 (yes kids that's the last century), came in 11th in my age group, didn't score a point, but was very happy with the swim. The relays were great

fun and brought back memories of swimming as a team sport, too. A few more men and we could have caught North Carolina Masters for first place in the medium Combined. Next year this meet will be held at Rutgers University in N.J. The University is located in Central N.J. and can be driven to in 4-5 hours from most of our district without getting caught up in all the Metro traffic. Please set your goals now and plan on swimming.

ESG Wrap up:

The ESG's were back again after a year's absence. After many years our George McVey stepped down as the games Masters Liaison and was replaced by Pickett Simpson from Adirondack. Pickett now knows why George's hair is so white. It's not from age. After many months of going back and forth with the state on all the meet particulars, he and Bill Walter, the meet director, got a call from the games people that they wouldn't be able to furnish volunteers or refreshments at 48hrs before the meet was to start. Bill got Louise Hardcastle, John and Jeanne Pilger and Tim Conan, all of the Syracuse Masters group, to get local people and their own selves to do all the work. Tim got the refreshments organized at the last minute, and Louise was a whirlwind on deck for the two very hot days. John ran the computer in the hot sun, and Jeanne handled registrations and many other tasks. All without a penny raised for their local club, the Chargers. Please thank them when you see them next. The games move to Buffalo next year and we will only issue a sanction if the state gives us the proper pool space and time to run a quality meet.

2002-2003 SCY:

We have SCY meets in this issue of the WPG for Buffalo at UB and at Ithaca College. Please try to attend as many meets as possible to help the local swim clubs raise money and for you own swimming fun and success. We will have meets in Syracuse and Canandaigua in Jan and Feb as usual. So far March and April is open if any club wishes to host a meet. The winter issue will be put together in Dec so contact me for sanction info. As of this writing the dates and locations of the NY State and Colonies Zone SCY Championships have not been set. SCY Nationals will be in Tempe AZ in May.

Fast swimming to all of you this year.
Dan



MASTERS WORKOUTS IN NIAGARA DISTRICT

Rochester Area Masters Swimming (RAMS)

Lorie Gibson-Rick, Coach: 585-338-3209
Tues & Thurs 8-9:30pm; Sat 7:30-9am, Sun 8:30-10am

Syracuse Chargers Masters Swim Club (SMSC)

Tim Conan, pres - TJC@CCF-law.com ph. 315-422-1152
M-F 5:30-7pm SU Women's Bldg, <http://www.syrmasters.org>

Binghamton Univ Masters Swimming (BUMS)

Dan Kornblatt, 607-692-7428, dkornblatt@aol.com
Mon, Wed, Fri 6-7:15am; Sat 7:30-9am

Cornell Masters, Cornell Univ (CORN)

Deena Crossmore, 607-273-5411, DGC500@aol.com
Mon-Fri 12:15-1:30pm; Sat 3-5pm; Sun Noon-2pm

Canandaigua Masters (CDGA)

Laura Love, Coach 585-398-2232
Lynn Fuller, Coach 585-394-2949
Mon, Tues, Thur, Fri 8:30-10pm

Nickel City Splash, Univ of Buffalo (NICK)

Dana White 716-875-6792, bflonative@hotmail.com
Tues & Thur 5:45-7am; Sat 7:30-9am
Website: www.wings.buffalo.edu/org/nickelcity

Buffalo Area

Northeast YMCA, 4433 Main St, Snyder 14226
Rick Marable (716)836-0041
M, W & F 6-7:15 AM

Amherst Masters Swim Team

Heim Middle School, Williamsville 14221
Cheryl Banks-Marron (716)634-8313
M, W & F 6-7 am

Johnson City YMCA Masters

Peter Peguero, 607-770-9868, pepeguero@aol.com
Mon & Wed 8:30-10pm, Sun 10:30-12Noon

Hamburg (HOPS)

Wendy Ryan 716-648-6849, WRHOPS@aol.com
Hamburg Middle School - Mon & Wed 6:30-8pm
Hamburg Senior High - Sun 12-1:30pm

Ken-Ton YMCA (KENT)

Jeff Klin (716) 874-5051
Mon & Wed 8-9:30pm; Fri 5-6:30pm

Univ of Rochester Masters

Eric Stefanski, 585-275-9469
Tues & Thur 7-8:30 pm, Sun 9-11am

Greater Syracuse YMCA (SYRY)

Brian Howard, 315-474-6851 X321

Downtown

Mon, Wed, Fri 6:00 - 7:00am
Mon - Fri 12:00-1:00pm

North

Sun 9:00 - 10:00am,
Mon, Wed, Fri 8:15 - 9:15pm
Tues, Thurs 2:30 - 3:30pm

Rockets Aquatics Masters (RACE)

Julie O'Neill 315-635-8508, julien72@trainsmart1.com
T/Th at LeMoyne College: times vary. Please call ahead or visit
our website for current sched: www.trainsmart1.com/race

Ithaca YMCA Masters (ITHY)

Kevin Vallely, Coach, 607-844-3040
Shelly Matheny, Coach, 607-844-4181
Mon only 7-8:45 pm (YMCA phone 607-257-1010)

Auburn YMCA

Jennifer Walter, Coach 315-253-5304
Mon & Wed 6:30 - 7:30AM

Mcmasters, Cortland YMCA (CORT)

Dan Mcneil, 607-756-7030, dfmcneil@twcny.rr.com
Wed only, 5:00-6:30 pm

Clarence High School (CLSC)

Russ Sampson, Coach Clarence Swim Club
716-542-2415, ClarenceSwimming@aol.com

Skaneateles Masters Swim Club (SKAN)

Douglas Dello Stritto, coach 315-252-6031, dello54@hotmail.com
Mon, Tues, Fri 5:30am-7am; Wed 5:30-7pm

**Contact the
Editor with any
corrections or
additions.**

**Call ahead before
going to any of
these practices
since workout
times may have
changed.**

Membership News

And the bad news is.....

The main news out of the recent convention in Dallas/Ft Worth is that the USMS fee charged to every district for each member is going up by \$5. We have not yet decided on a new dues structure for Niagara membership but we will have it in place for new registrations beginning in November. We'll have the 2003 new registration forms ready by then.

Increasing membership

This has been a record year for membership in Niagara District, topping out at 517.

This is partly due to the fact that a new pool and local swim group, The Skaneateles Masters Swim Club, have come into being in 2002. The pool is located in the new Skaneateles Recreation Center which opened for full use in the this past spring.

There are several pools consisting of an 8 lane 25 yard competition pool, a smaller U-shaped pool for exercise groups (one of the legs having a zero entry ramp for wheelchairs or walkers) and another 8 or 10 yard square plunge pool with a second story slide into it for fun and frolic. If this isn't enough there's also a 12 person hot tub for soothing those after workout aches and pains. See the listing to the left if you'd like to arrange a visit.

This new group in addition to unusual membership increases from several of the other groups have made the surprising increase in membership.

Please watch for, and use, the personalized renewal forms I'll be sending out in mid-December. Using this form (with your corrections) makes registration much simpler.

Records Notice

When reviewing meet results for new Niagara Records, I do not routinely check splits for records.

If you think you have set a new Niagara Record with a split time, or find any other omissions, please send me a note at NiagRecords@usms.org and I will check the records to verify.

Nickel City Splash Short Course Yards Fall Invitational

Hosted by Nickel City Splash Masters, Buffalo, NY

Sunday, October 20, 2002

University at Buffalo Alumni Arena

Location: · University at Buffalo Alumni Arena, Amherst, NY. From the NYS Thruway, take Exit 50 to 1-290 West to Exit 5B Millersport Hwy (Rt. 263 North). Take Millersport to the Coventry Entrance. Alumni Arena is located ahead of the 1st stop sign. Turn right at the stop sign. Parking is available in the back of the Arena.

Time: · Warm-up is as follows (PLEASE READ CAREFULLY): 8:00am Warm Up/9:00am Start for Events #1-2. Continuous warm up will be available throughout the meet with events #3-#19 starting no earlier than 10:00am. Check in for all swimmers is required and will be located on the pool deck. Please have your USMS/MSO card with you for verification. Positive Check-in for the 1000 Free and 400 IM is REQUIRED by 8:30am. Positive Check-in for the 500 Free is required by 11:00am.

Eligibility: · Open to all USMS and Canadian Registered swimmers 19 years or older as of 10/20/02.

Entries: ***A photocopy of your current USMS or MSO card must be included with your entry.
 · Must be RECEIVED by Thursday, October 17, 2002. NO EXCEPTIONS!! No deck entries!! (except relays).
 · Cost: \$23/swimmer US Funds or \$25/swimmer Canadian Funds (Includes 5 individual events maximum plus relays).
 · Checks payable to: Nickel City Splash. Mail entries to: Dana White, 92 Dolphin Drive, Grand Island, NY 14072
 · Questions? Call Dana White at (716) 773-4406 or email: bflonative@hotmail.com

<p style="text-align: center;">EVENTS (indicate yards times)</p> <p>#1 ___:___:___ 1000 FREE*</p> <p>#2 ___:___:___ 400 IM</p> <p>BREAK</p> <p>#3 ___:___:___ 50 BREAST</p> <p>#4 ___:___:___ 200 BACK</p> <p>#5 ___:___:___ 50 FREE</p> <p>#6 ___:___:___ 100 BREAST</p> <p>#7 ___:___:___ 100 FLY</p> <p>#8 ___:___:___ 200 FREE</p> <p>#9 ___:___:___ 100 I.M.</p> <p>#10 ___:___:___ 200 Med. Relay** (Ex.)</p> <p>#11 ___:___:___ 50 BACK</p> <p>#12 ___:___:___ 100 FREE</p> <p>#13 ___:___:___ 200 FLY</p> <p>#14 ___:___:___ 200 BREAST</p> <p>#15 ___:___:___ 50 FLY</p> <p>#16 ___:___:___ 100 BACK</p> <p>#17 ___:___:___ 200 IM</p> <p>#18 ___:___:___ 200 Free Relay** (Ex.)</p> <p>#19 ___:___:___ 500 FREE*</p> <p>*Deck seeded, Fastest to Slowest</p> <p>**All Relays will be swum Exhibition (Ex.)</p>	<p>Name: _____</p> <p>Address: _____</p> <p>City: _____ State _____</p> <p>Zip/PC: _____ Email: _____</p> <p>Age (as of 10/20/02): _____ D.O.B. _____</p> <p>USMS/MSO# (or other): _____ Gender: _____</p> <p>Local Club: _____</p> <p style="text-align: center;">**RIBBONS GIVEN TO THE TOP 3 FINISHERS IN EACH AGE-GROUP. Relay awards given to the top three finishers overall</p> <p style="text-align: center;">Please check out the Nickel City Splash Website for detailed directions to our pool. Results will be posted following the meet!!</p> <p style="text-align: center;">wings.buffalo.edu/org/nickelcity</p>
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WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS

Signature: _____ **Date:** _____

Sanctioned by Niagara District Masters for USMS, Inc. Sanction #: ND02-08 SCY
Niagara District Masters Swimming, 93 Brinton Street, Buffalo N.Y. 14214

NEWBIES Jun-Aug

Name	Sex/Age	City
Stephanie Alband	F/35	Castile
Jim Albitz	M/42	Binghamton
Christopher Ankrum	M/32	Niagara Falls
Quinn Ankrum	F/28	Niagara Falls
Andrea Azuma	F/22	Ithaca
Walter Bird	M/42	Marcellus
Frank Brigante	M/40	Buffalo
Ronald Burt	M/41	Painted Post
Theodore Costich	M/39	E Amherst
Mary Cousins	F/22	Castile
Cornelis DeHart	M/30	Rochester
Brandi Ferris	F/17	Silver Springs
Deanna Flint	F/25	Warsaw
Angela Granger	F/15	Pike
Mark Hammer	M/48	Williamsville
Stephanie Johnson	F/20	Baldwinsville
Janet Kerr	F/52	Canandaigua
Daniel Kozlowski	M/23	Binghamton
Bob Langkammerer	M/41	Fayetteville
Laura Beth Lincoln	F/16	W Henrietta
Carrie Marlin	F/27	Brighton
Julie Matheson	F/28	Farmington
Rachel Miller	F/20	Auburn
Arthur Munson	M/46	Orchard Park
Patricia O'Brien	F/71	Rochester
Curtis Parks	M/30	Liverpool
William Ryan	M/33	Akron
Brooke Schmidt	F/24	Solvay
Aimee Schwab	F/23	Bliss
Florence Swartz	F/42	Skaneateles
David Weisbrod	M/24	Rochester

AGE UPS Sep-Dec

Name	Sex/Age	Month
Al Palmer	M/80	Sep
Tina Buzak	F/40	Sep
Thomas Potter	M/40	Sep
Carrie Marlin	F/30	Sep
M Reid Hankin	M/55	Sep
Uzi Hizi	M/30	Sep
Patricia Rankin	F/65	Sep
Robert Cunningham	M/25	Sep
Cecile Tougas	F/55	Oct
Deborah Mitchell	F/45	Oct
Francis Nichols	M/55	Oct
Daniel Rogers	M/40	Oct
Susan Mitchell	F/35	Oct
Delbert Cronise	M/45	Oct
Richard O'Neil	M/55	Oct
Brian Bibler	M/25	Oct
Miguel Gomez	M/35	Oct
Denise Everitt	F/50	Oct
Tom Meade	M/55	Oct
Jim Albitz	M/45	Oct
Maureen Tillotson	F/45	Nov
Sterling Klinck	M/70	Nov
George Chornobil	M/50	Nov
Scott Krevat	M/40	Dec
Elizabeth Wilcox	F/20	Dec
Lisa Barbarino	F/45	Dec
Lynn Fuller	M/55	Dec
Francesca Crannell	F/35	Dec
Donnie Webb	M/45	Dec
Edward Crossmore	M/55	Dec
Eileen Goettel	F/40	Dec
Brandi Ferris	F/20	Dec
Michael Carbary	M/35	Dec
Kathy Douglas	F/50	Dec



The Niagara Nationals Women's 200+ 1st place Relay Team

How could they lose when they were "Harley Powered"?

Congratulations to: Jane Gram, Wendy Ryan, Holly Evans and Denise Everitt (Cleveland LCM, 200 Free Relay)

Newbie Newsie Needed

(our apologies to *Variety*)

Help us put this baby to bed
each quarterly issue.

We need an editor to collect and
proof the materials for each edition.

Computer necessary!

Contact: Dan Kornblatt at
dannyswims@aol.org for more info.

5th Annual Ithaca Masters Meet at Ithaca College

Sponsored by the Ithaca College Swim Team and Sanctioned by Niagara District Masters Swimming for USMS, Inc.
Sanction # ND02-09

- Date:** Sunday, November 24, 2002. Warm-up start at 9:00am, meet starts at 10:00am
- Location:** The Hill Center Pool at Ithaca College, Ithaca, New York. The pool is a six lane, 25-yard facility with a full readout Colorado Timing System and Competitor 6" Gold Medal lane lines.
- Meet Director:** Kevin Markwardt, Hill Center, Ithaca College, Ithaca, NY 14850,
(607) 274-3181, kmarkwardt@ithaca.edu
- Eligibility:** Open to all registered USMS/CASA swimmers 19 years of age and older as of 11/24/02
- Fees:** \$20 per swimmer. Includes 5 individual events and relays. Results will be mailed for additional \$4. Deck entries will be accepted. Deck entry fee \$24.
- Entries:** All entries must be received by the Meet Director by Monday, November 18th, 2002.
- Check In:** Events 400 yards or longer, and all relays, require check-in and will be deck seeded.

NAME _____ USMS/CASA# _____

ADDRESS _____

SEX ____ AGE ____ Date of Birth _____ Phone(H) _____ (W) _____

Event#	Event Name	Seed Time	Event#	Event Name	Seed Time
1.	200 Medley Relay	_____	11.	100 Butterfly	_____
2.	200 Freestyle	_____	12.	50 Backstroke	_____
3.	100 Ind. Medley	_____		10 Minute Warm-up	
	10 Minute Warm-up		13.	100 Freestyle	_____
4.	100 Backstroke	_____	14.	200 Ind. Medley	_____
5.	50 Freestyle	_____	15.	50 Breaststroke	_____
6.	200 Butterfly	_____		10 Minute Warm-up	
	10 Minute Warm-up		16.	200 Backstroke	_____
7.	100 Breaststroke	_____	17.	50 Butterfly	_____
8.	400 Ind. Medley	_____	18.	200 Breaststroke	_____
9.	500 Freestyle	_____		10 Minute Warm-up	
	10 Minute Warm-up		19.	1000 Freestyle	_____
10.	200 Free Relay	_____			

Entry Procedures

Please send entry form to the Meet Director (address listed above). Include the following with Entry Form:

- A photocopy of your USMS/CASA Registration
- A check or Money Order, payable to Ithaca College
- A signed Waiver Form (see below)

Waiver

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of the USMS.

Signature of Participant: _____ Date: _____

New District Records *Bill Walter***Miles For Smiles Summer Splash (LCM) University at Buffalo July 13, 2002**

Swimmer	Age	Event	Time	Previous Record	Time
Laura Beth Lincoln	19	800 M Free	13:03.52	Megan Dwen	13:46.39
Mary Ann Veres	21	50 M Breast	42.36	Kristen Barr	43.86
Mary Ann Veres	21	100 M Breast	1:29.09	Kathryn Pavlacka	1:43.89
Laura Beth Lincoln	19	200 M Fly	3:42.26		
Dana Woody	33	400 M Free	5:01.05	Dana Woody	5:08.00
Dana Woody	33	800 M Free	10:21.01	Dana Woody	10:28.11
Dana Woody	33	100 M Fly	1:17.25	Dana Woody	1:18.13
Anne Chrzanowski	39	800 M Free	11:45.23	Carol Belva	12:12.76
Mary Beth Lopat-Winter	38	400 M IM	7:27.65		
Margaret Diamond	51	100 M Free	6:19.16	Jane Gram	6:21.61
Jane Gram	56	50 M Free	36.90	Pat Barlow	42.94
Jane Gram	56	100 M Back	1:41.40	Jane Gram	1:41.47
Jane Gram	56	200 M IM	3:33.66	Jane Gram	4:11.47
Louise Murray	62	50 M Free	41.89	Maureen O'Donnell	44.77
Louise Murray	62	100 M Free	1:36.78	Maureen O'Donnell	1:42.42
Amy Johnson	60	200 M Free	3:41.88	Maureen O'Donnell	3:57.87
Louise Murray	62	400 M Free	7:36.82	Marie Mulcahy	7:52.50
Louise Murray	62	800 M Free	15:42.97	Dolly Hinckley	16:40.28
Amy Johnson	60	50 M Breast	53.28	Marie Mulcahy	1:06.74
Amy Johnson	60	200 M Breast	4:17.27		
Louise Murray	62	50 M Fly	58.25	Patricia Rankin	1:06.88
Betty Dunn	76	200 M Fly	6:26.94		
Neil Brophy	41	100 M Free	59.34	Ed Crossmore	1:00.85
Neil Brophy	41	200 M Free	2:12.57	Ed Crossmore	2:12.82
Neil Brophy	41	400 M Free	4:40.40	Jim Matysek	4:46.01
Daniel Winter	50	200 M IM	3:06.89	George McNamara	3:14.65
Daniel Winter	50	400 M IM	6:45.68	Philip Iorio	8:49.31
David Wells	55	100 M Free	1:12.25	William Radack	1:12.56
David Wells	55	50 M Fly	37.67	Whitey Huber	38.25
David Wells	55	100 M Fly	1:48.63	Philip Iorio	1:51.99
David Wells	55	200 M IM	3:29.54	Philip Iorio	3:55.45
John Convey	64	200 M Back	3:31.44	Justin Diehl	3:38.30
John Convey	64	50 M Fly	37.89	Walter Foley	40.07
Justin Diehl	73	100 M Back	1:50.94	William Weber	1:58.66
Justin Diehl	73	200 M Back	4:00.50	John Cranch	4:01.04
John Cranch	80	800 M Free	21:59.61		
John Cranch	80	50 M Back	1:00.34	George Batki	1:02.11
John Cranch	80	100 M Back	2:13.89	George Batki	2:44.19
John Cranch	80	200 M Back	4:45.03	George Batki	5:06.22

2002 Empire State Games Burnet Park Pool, Syracuse, NY August 3-4, 2002

Amanda Baldauf	23	50 M Breast	42.24	Mary Ann Veres	42.36
Dana Woody	33	100 M Free	1:06.49	Dana Woody	1:09.10
Dana Woody	33	200 M Free	2:22.26	Libby Leeds	2:29.46
Dana Woody	33	400 M Free	4:59.90	Dana Woody	5:01.05
Dana Woody	33	1500 M Free	19:40.23	Mary Beth Lopat	26:17.23
Dana Woody	33	200 M Fly	2:54.11	Carol Belva	3:31.80
Francesca Crannell	35	100 M Free	1:07.37	Wendy Ryan	1:09.21
Francesca Crannell	35	200 M Free	2:31.38	Ellen Pflugheber	2:39.41
Francesca Crannell	35	400 M Free	5:33.17	Denise Everitt	5:36.35
Francesca Crannell	35	800 M Free	11:03.60	Anne Chrzanowski	11:45.23
Christine Yonta	39	400 M IM	7:19.96	Mary Beth Lopat	7:27.65
Denise Everitt	50	100 M Free	1:14.49	Demaree Brady	1:18.94
Denise Everitt	50	400 M Free	5:46.24	Margaret Diamond	6:19.16
Denise Everitt	50	800 M Free	11:58.55	Kay Turner	14:12.72
Denise Everitt	50	200 M Breast	3:32.77	Sandar Kingdon	3:50.23
Denise Everitt	50	100 M Fly	1:24.10	Louise Murray	1:55.07
Denise Everitt	50	200 M IM	3:10.52	Jane Gram	3:24.72
Jane Gram	56	100 M Free	1:22.18	Mary Clare Hans	1:44.28
Jane Gram	56	200 M Free	3:03.46	Jane Gram	3:03.72
Jane Gram	56	50 M Back	45.28	Jane Gram	46.46
Jane Gram	56	100 M Back	1:39.96	Jane Gram	1:41.40
Jane Gram	56	200 M Back	3:33.14	Jane Gram	3:34.44
Kay Turner	56	400 M IM	8:57.64		
Amy Johnson	60	100 M Breast	1:59.98		
Marie Mulcahy	67	200 M IM	4:49.95	Betty Dunn	4:51.52
Dolly Hinckley	72	800 M Free	17:00.08	Susanna Marvel	17:38.65
Betty Dunn	77	400 M IM	11:57.85		
Peter Parkes	41	50 M Back	31.75	Bill Dow	33.13
Peter Parkes	41	100 M Back	1:11.99	Bill Dow	1:13.37
Robert Webber	46	1500 M Free	21:10.55	Dennis Cabrey	24:57.21
Robert Webber	46	400 M IM	6:18.27	Dennis Matyko	6:20.62
Daniel Winter	50	800 M Free	11:42.08	Steven Sangren	11:57.21

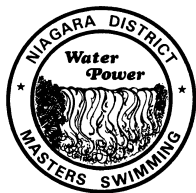
(Continued next page)

New District Records (continued)

Swimmer	Age	Event	Time	Previous Record	Time
Paul Engineri	51	1500 M Free	21:52.39	Richard Heller	23:32.74
Daniel Winter	50	200 M IM	3:06.64	Daniel Winter	3:06.89
David Wells	55	100 M Free	1:10.98	David Wells	1:12.25
Tom Meade	55	1500 M Free	22:33.65	Richard Heller	25:15.46
Tom Meade	55	200 M Back	3:01.16	Gene Donner	3:38.46
Tom Meade	55	100 M Fly	1:17.56	David Wells	1:48.63
David Wells	55	200 M IM	3:19.56	David Wells	3:29.54
David Wells	55	400 M IM	7:38.03	Philip Iorio	8:54.85
George Mcnamara	60	50 M Back	38.26	Jack VanLandingham	44.92
George Mcnamara	60	100 M Back	1:25.18	Gene Donner	1:42.23
George Mcnamara	60	200 M Back	3:12.91	John Covey	3:31.44
John Hodgson	69	50 M Back	42.64	Gus Diehl	45.72
John Hodgson	69	100 M Back	1:36.95	Gus Diehl	1:45.40
John Cranch	80	1500 M Free	41:06.92	Gerald Meyer	42:13.88
George Batki	90	50 M Back	1:43.40		
George Batki	90	100 M Back	4:06.08		
George Batki	90	100 M Breast	5:12.51		
George Batki	90	200 M Breast	11:07.86		

2002 USMS LCM Championships Cleveland State University August 15-18, 2002

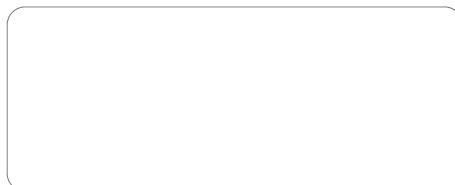
Laura Lincoln	19	1500 M Free	24:12.90	Kathleen Measer	30:14.97
Laura Lincoln	19	200 M Fly	3:38.70	Laura Lincoln	3:42.26
Katie Hettrich	32	100 M Fly	1:15.30	Dana Woody	1:17.25
Katie Hettrich	32	200 M Fly	2:44.40	Dana Woody	2:54.11
Dana Woody	33	800 M Free	10:13.76	Dana Woody	10:21.01
Dana Woody	33	400 M IM	5:48.69	Dana Woody	6:09.84
Dana Woody	33	400 M Free	4:53.21	Dana Woody	4:59.90
Karen Bulmahn	38	50 M Fly	32.34	Wendy Ryan	34.41
Karen Bulmahn	38	100 M Fly	1:13.63	Denise Everitt	1:16.85
Kim Skorma	42	200 M Back	2:56.57	Candy Kane	3:02.00
Kim Skorma	42	100 M Free	1:10.15	Denise Everitt	1:11.40
Wendy Ryan	45	200 M Breast	3:12.06	Holly MacMurray	3:27.40
Wendy Ryan	45	50 M Free	30.49	Demaree Brady	34.87
Wendy Ryan	45	50 M Breast	38.28	Holly MacMurray	42.73
Wendy Ryan	45	100 M Breast	1:27.62	Holly MacMurray	1:32.36
Denise Everitt	50	1500 M Free	21:43.95	Sandra Kingdon	25:42.62
Denise Everitt	50	200 M Breast	3:27.13	Denise Everitt	3:32.77
Denise Everitt	50	100 M Fly	1:19.49	Denise Everitt	1:24.10
Denise Everitt	50	400 M Free	5:38.50	Denise Everitt	5:46.24
Denise Everitt	50	200 M Fly	3:11.61	Louise Murray	4:32.52
Holly Evans	52	100 M Back	1:31.58	Jane Gram	1:37.08
Holly Evans	52	50 M Back	40.88	Jane Gram	42.73
Holly Evans	52	100 M Breast	1:32.68	Sandra Kingdon	1:46.12
Jane Gram	56	200 M IM	3:26.01	Jane Gram	3:33.66
Jane Gram	56	50 M Free	35.38	Jane Gram	36.90
Jane Gram	56	50 M Back	42.40	Jane Gram	45.28
Jane Gram	56	100 M Free	1:20.38	Jane Gram	1:22.18
Amy Johnson	60	200 M Free	3:35.71	Amy Johnson	3:41.88
Amy Johnson	60	200 M Breast	4:14.43	Amy Johnson	4:17.27
Amy Johnson	60	100 M Breast	1:56.60	Amy Johnson	1:59.98
Amy Johnson	60	100 M Free	1:36.59	Louise Murray	1:36.78
Steven Tothoro	32	100 M Fly	1:02.79	Steve Kristek	1:06.91
Steven Tothoro	32	200 M IM	2:23.16	James Matysek	2:35.25
Steven Tothoro	32	50 M Breast	33.06	James Matysek	33.85
Steven Tothoro	32	100 M Breast	1:14.21	James Matysek	1:16.23
Steven Tothoro	32	100 M Free	58.05	Brian Bennett	58.60
Colin Adams	33	50 M Back	31.99	Blake Verpoten	32.28
Kevin Koppenhaver	34	800 M Free	9:58.36	James Matysek	10:00.04
Kevin Koppenhaver	34	400 M Free	4:50.40	Ken Koppenhaver	4:56.31
Jim Matysek	43	400 M IM	5:36.72	Ken Weir	6:14.43
Daniel Winter	50	800 M Free	11:20.62	Daniel Winter	11:42.08
Paul Engineri	51	1500 M Free	20:19.82	Paul Engineri	21:52.39
Paul Engineri	51	400 M Free	5:11.00	Daniel Kornblatt	5:16.86
Daniel Kornblatt	53	50 M Back	36.76	George Mcnamara	38.74
Daniel Kornblatt	53	100 M Back	1:18.41	Daniel Kornblatt	1:18.65
Daniel Kornblatt	53	200 M Back	2:50.51	Daniel Kornblatt	2:59.98
Tom Meade	55	800 M Free	10:50.12	Richard Heller	12:47.90
Tom Meade	55	200 M Free	2:18.90	Richard Heller	2:54.09
Tom Meade	55	50 M Free	27.17	William Radack	30.66
Tom Meade	55	400 M Free	5:04.29	Richard Heller	6:10.82
Tom Meade	55	100 M Free	1:01.48	David Wells	1:10.98
Jack Van Landingham	69	50 M Breast	41.96	Jack Van Landingham	42.37
John Cranch	80	1500 M Free	39:17.33	John Cranch	41:06.92
John Cranch	80	100 M Back	2:09.91	John Cranch	2:13.89
John Cranch	80	200 M Back	4:39.63	John Cranch	4:45.03



Niagara District Masters Swimming
 John E Pilger, Registrar
 2125 Masters Rd
 Marcellus, NY 13108-9630

Check out what's inside...

- Chairman's Update
- Buffalo SCY meet sheet
- Ithaca SCY meet sheet
- Summer NIAG Records



Fall 2002

Niagara District Calendar

DATE	SITE	HOST	VENUE	CONTACT
Oct 27	Oneonta		SCY	Verna Engstrom-Heg 607-829-8785
Oct 20	SUNY Buffalo—Amherst	Nickel City	SCY	Meet sheet in this issue
Nov 24	Ithaca College	Empire State Games	SCY	Meet sheet in this issue
Dec 7-8	Rutgers NJ		SCM – Zones	Ednessel@aol.com
Jan 18	Syracuse	Syracuse Chargers	SCY	Tim Conan TJC@CCF-law.com
Feb TBA	Canandaigua	Canandaigua Masters		
Apr 11-13	George Mason U		SCY – Zones	
May TBA	TBA	Adirondack Masters	SCY—States	
May 15-18	Tempe AZ		SCY Nationals	Mark.Gill@asu.edu
Aug 14-17	Rutgers NJ		LCM Nationals	Ednessel@aol.com

It Had To Happen Sooner Or Later!!
USMS has raised its charges.
Watch for our new fee schedule on the 2003 forms.