

# Water Power Gazette

<http://www.niagramasters.org>

<http://www.usms.org>

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## Chairman's Update

By Dan Kornblatt



## SCY - Congrats to the swimmers

Hi everyone! Our SCY season is over. Niagara hosted five meets this year along with swimmers attending the Colonies Zone Championships, the New York State Championships, and SCY Nationals. Niagara sent 12 swimmers to Tempe AZ. They finished 38th out of 140 small teams, with the men finishing 49th out of 112 and the women leading the way with a 32nd place finish out of 95. Congratulations to all who traveled so far and swam so well.

## LCM Nat Champs: 70 days to go

LCM Nationals at nearby Rutgers Univ in N.J. will be held Aug 13-17th. Entries must be postmarked by 7/2 and can be done on line. All info and on line entries can be found on the USMS website, and in the most recent issue of SWIM. This year, to keep the length of each day under control, the meet will be held over five days. Wed will be distance day. You don't have to be there for the whole meet. If you can make a few days please try to attend. We had a lot of fun last year in Cleveland as we were in contention for 1st place in combined medium teams right up to the end. We will put together as many relays as possible at the meet, so even if you only qualify for the minimum of three events, relays will give you several more swims.

## Get ready for Empire Games

As of this printing, Masters will be swimming at Brockport State for the Empire State Games July 26-27. Due to a USS Championship being held the same weekend in Buffalo, no other pool time could be found. George McVea has taken on the job of Meet Director. Entries must be received by the ESG by June 24th on their entry form, which we cannot duplicate. Please call the ESG's at 518-474-8889 to get the packet. They make no exceptions to the due date, so don't put it off.

## And then there was one!

Our lone open water swim will be the annual Canandaigua Lake swim, July 19th. The entry form is in this newsletter. The Miles for Smiles swim at Silver Creek has been discontinued (see the article in this issue). Adirondack will be running their annual Lake Placid swim on Aug 23rd, info at their website.

## 2004 NYS Champs at Nottingham

The State Champs will be returning to Niagara for the 2004 and 2005 seasons. The Syracuse Chargers club has agreed to host the event at Nottingham H.S. next April. We will run the 2005 meet in Western N.Y. Any club wishing to host a meet next year should contact me. Previously held meets have preference and we impose a two-week window of no meets around those. I will be setting the fall schedule in August for publication of the next WPG in Sept.



## MASTERS WORKOUTS IN NIAGARA DISTRICT

### **Rochester Area Masters Swimming (RAMS)**

Lorie Gibson-Rick, Coach: 585-338-3209  
Tues & Thurs 8-9:30pm; Sat 7:30-9am, Sun 8:30-10am

### **Syracuse Chargers Masters Swim Club (SMSC)**

Tim Conan, pres - TJC@CCF-law.com ph. 315-422-1152  
Mon-Fri 5:30-7pm SU Women's Bldg Pool

### **Binghamton Univ Masters Swimming (BUMS)**

Dan Kornblatt, 607-692-7428, dannyswims@aol.com  
Mon, Wed, Fri 6-7:15am; Sat 7:30-9am

### **Cornell Masters, Cornell Univ (CORN)**

Deena Crossmore, 607-273-5411, DGC500@aol.com  
Mon-Fri 12:15-1:30pm; Sat 3-5pm; Sun Noon-2pm

### **Canandaigua Masters (CDGA)**

Laura Love, Coach 585-398-2232  
Lynn Fuller, Coach 585-394-2949  
Mon, Tues, Thur, Fri 8:30-10pm

### **Nickel City Splash, Univ of Buffalo (NICK)**

Andrea Gomez, (716) 832-6075, ondrayag@aol.com  
Tues & Thur 5:30-7:00am, Sat 7:00-8:30am  
www.wings.buffalo.edu/org/nickelcity

### **Buffalo Area**

Northeast YMCA, 4433 Main St, Snyder 14226  
Rick Marable (716)836-0041  
M, W & F 6-7:15 AM

### **Amherst Masters Swim Team**

Heim Middle School, Williamsville 14221  
Cheryl Banks-Marron (716)634-8313  
M, W & F 6-7 am

### **Johnson City YMCA Masters**

Peter Peguero, 607-770-9868, pepeguero@aol.com  
Mon & Wed 8:30-10pm, Sun 10:30-12Noon

### **Hamburg (HOPS)**

Wendy Ryan 716-648-6849, WRHOPS@aol.com  
Hamburg Middle School - Mon & Wed 6:30-8pm  
Hamburg Senior High - Sun 12-1:30pm

### **Ken-Ton YMCA (KENT)**

Jeff Klin (716) 874-5051  
Mon & Wed 8-9:30pm; Fri 5-6:30pm

### **Univ of Rochester Masters**

Eric Stefanski, 585-275-9469  
Tues & Thur 7-8:30 pm, Sun 9-11am

### **Ihtaca YMCA Masters (ITHY)**

Kevin Vallely, Coach, 607-844-3040  
Shelly Matheny, Coach, 607-844-4181  
Mon only 7-8:45 pm (YMCA phone 607-257-1010)

### **Auburn YMCA**

Jennifer Walter, Coach 315-253-5304  
Mon & Wed 6:30 - 7:30AM

### **Mcmasters, Cortland YMCA (CORT)**

Dan Mcneil, 607-756-7030, dfmcneil@twcny.rr.com  
Wed only, 5:00-6:30 pm

### **Clarence Swim Club (CLSC)**

Clarence High School, M-Th 8:30pm-9:30pm  
Russ Sampson, Coach, 716-542-2415,  
ClarenceSwimming@aol.com

### **Skaneateles Masters Swim Club (SKAN)**

Seth Williams, coach 315-426-9945,  
swilliams@townofskaneateles.com  
Mon, Wed, Fri 5:30am-7am; Tues, Thur 6:30-8pm

### **Maverick Masters Swim Club (MMSC)**

Daniel Dubois, ddubois@monroecc.edu, 585-292-2846  
MCC Pool, Rochester, Tue/Thur 6-7:30 AM, Sunday- 8-10 AM

### **Letchworth Masters Swimming (LETC)**

Letchworth Central School, M,W,F 5:30-7:30, Fri 5:30-6:30  
Ann Marie Gorski, amgorski@letchworth.k12.ny.us

**Contact the Editor with any  
corrections or additions.**

**Call ahead before going to any of these  
practices**

Miles for Smiles replaced  
by new event

The annual Miles for Smiles Open Water Race in Silver Creek N.Y. will no longer be. Demaree Brady, the founder and president of the Miles for Smiles fundraising organization, announced that the annual race will phase out and a new annual event will take its place. The new event will be a 3K walk: "Tooth Trek: Stroll for the Goal". This event will be held on the north campus of the University of Buffalo on August 9, 2003, at 9a.m.

Demaree is so very thankful to all the past participants in the open water event and is appreciative of all the support that the event gained from the Niagara District USMS component. If it were not for that collaboration, the event could not have been successful over the years.

The Miles for Smiles organization sees this as a positive step in reaching its financial goals. We would like to see as many of you there at the "walk" as possible. For more information please contact Demaree at 716-878-7520.



# CANANDAIGUA SAWBELLIES ANNUAL OPEN WATER SWIM

## A Competitive One & Two Mile Open Water Swim and Picnic !!

**DATE/TIME:** July 19, 2003, Saturday at 8:30 am, Warm Up at 7:30 am

**LOCATION:** Canandaigua, New York, Kershaw Park, Lakeshore Drive, North End of Canandaigua Lake  
New York State Thruway Exit 44, South 8 miles, straight to Kershaw Park

**ELIGIBILITY:** Open to all USMS and CASA registered swimmers 19 and older as of July 19, 2003.  
USMS registration will be available at the beach for \$30.00 and single event USMS for \$8.

**CONDITIONS:** Since the safety of swimmers is of prime concern. The swimming event may be delayed or canceled due to bad weather. This decision will be made by the Meet Director, Niagara Open Water Director and Ontario County Sheriff. There will be no refund.

**ENTRY FEE:** \$15.00 Includes picnic and refreshments. \$20.00 After July 12, 2003. Awards for 1st, 2nd and 3rd for each age group. Free Parking.

**SCHEDULE:** Registration 7:30-8:15 am, 8:15 am. Mandatory Meeting for all Swimmers, 8:30 am start of 2mile swim, 8:40 am start of 1 mile swim. USA Swimming Youth Competition will follow completion of USMS meet (approximately 9:40 am). Picnic!!!!

**RULES:** Events shall be governed by the USMS Long Distance Rules as outlined in part 3 of the 2003 USMS Rule Book.

**COURSE:** Shall be 1 mile in distance, twice around for the Two Mile Swim. The perimeter will be patrolled by the Ontario County Sheriff

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Name \_\_\_\_\_ CASA/USMS # \_\_\_\_\_  
Sex \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Club (where you practice) \_\_\_\_\_  
Telephone No \_\_\_\_\_ Club (from your USMS card) \_\_\_\_\_  
Address \_\_\_\_\_

**INCLUDE: PHOTOCOPY OF USMS REGISTRATION CHECK: [ ] 1 MILE OR [ ] 2 MILE  
CHECK OR MONEY ORDER - MADE OUT TO CANANDAIGUA MASTERS SWIM CLUB  
SIGNED WAIVER**

**SEND ENTRIES TO: Vern Hecker, Meet Director, 3452 Gehan Road, Canandaigua, New York 14424,  
(585) 394-4075, Theheck101@cs.com**

### WAIVER:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PRORGAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks. (Rule Book Article 301.3)

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

**Sanctioned by Niagara District Masters Swimming for USMS, Inc., Sanction Number: ND03OW01**

## NEWBIES Dec-May

Name	Sex/Age	City
Lisa Adams	F / 37	East Aurora
Kathryn Babin	F / 17	Fairport
Bill Beardsley Jr	M / 49	Orchard Park
Maureen Bischoff	F / 35	Fairport
Richard Blondell	M / 49	Buffalo
Mark Bowker	M / 43	Canandaigua
Beth Burchill	F / 35	Rochester
Christopher Burke	M / 43	Baldwinsville
Michael Callahan	M / 21	Johnson City
Lois Camphausen	F / 59	Fairport
Scott Conley	M / 31	Rochester
Martin Denysschen	M / 46	Williamsville
Beth Dombrowski	F / 39	Canandaigua
Ann Duffy	F / 40	Buffalo
Lynn Fritzinger	F / 43	Tonawanda
Rachel Frydrychowski	F / 17	Buffalo
Andrew Gajewski	M / 51	Canandigua
Dick Gaughan	M / 54	Kenmore
Richard Gleason	M / 33	Fairport
Carol Golding	F / 21	Rochester
Andrea Gomez	F / 33	Amherst
Gary Grant	M / 36	Depew
Ellie Hirshberg	F / 30	Rochester
Thomas Hondorf	M / 49	Webster
Stephen Hungerford	M / 24	Rochester
Gwyneth Ingham	F / 29	Baldwinsville
Maureen Jameson	F / 48	Amherst
Dan Johnson	M / 38	Geneseo
Maureen Kanaley-Messin	F / 38	Canandaigua
Jean Karl	F / 64	Pittsford
Sarah Keesler	F / 18	Endicott
Frances Kessler	F / 62	E Rochester
Kyoko Kobayashi	F / 29	East Amherst
John Kopcienski	M / 38	Spencerport
Jessica Krisanda	F / 33	Webster
Annette Kugelmann	F / 26	Buffalo
Philip Lange	M / 45	Rochester
Thomas Lengel	M / 44	Hamburg
Sharon Linstedt	F / 45	Buffalo
Joel Logan	M / 17	Silver Springs
Jesselynn Mack-Garcia	F / 52	Tonawanda
Kathryn McClain	F / 54	Henrietta
Ann McMahan	F / 32	Syracuse
Joseph McNamara	M / 34	Buffalo
Dan McNeil	M / 78	Cortland
David McNeil	M / 36	Cortland
G Christopher Miller	M / 21	Amherst
William Miller	M / 29	Castile
Claude Moore	M / 51	Vestal
Meghan Murphy	F / 25	Buffalo
Maureen Niche	F / 55	Farmington
Jeffrey Noll	M / 45	Baldwinsville
Lauren O'Connor	F / 45	Auburn
Ellen Paprocki	F / 43	Baldwinsville
Richard Pedersen	M / 46	Stanley
Kevin Rathke	M / 48	E Amherst
Michele Remington	F / 38	Gainesville
Aimee Roberts	F / 37	Cortland
Lisa Roberts	F / 42	Victor

## NEWBIES (cont)

Michael Rotola	M / 32	Amherst
Marilyn Saddler-Bay	F / 57	Rochester
Donn Scherer	M / 59	Amherst
Kurt Schmidt	M / 35	Baldwinsville
Michelle Schmidt	F / 36	Baldwinsville
Dolores Schock	F / 65	Rochester
Lou Skavienski	M / 35	Syracuse
Stanley Skotnicki	M / 32	Buffalo
Bebeca Smith	F / 17	Middlesex
Donald A W Smith	M / 53	Fairport
Martin Sochia	M / 42	Spencerport
Matthew Stace	M / 37	Clay
Bill Stokes-Cawley	M / 45	Skaneateles
Michael Sullivan	M / 53	West Seneca
Paul Taillie	M / 50	Rochester
Jennifer Thomas	F / 24	Syracuse
Jason Urckfitz	M / 32	Brockport
Rob Walters	M / 34	Skaneateles Falls
Robert Weyman	M / 60	Rochester
Seth Williams	M / 28	Syracuse
Kevin Wilson	M / 39	Rochester
William Wilson	M / 42	Rochester

## AGE UPS Jun-Sep

Name	Sex/Age	Month
Christopher Beardsley	M/30	Jun
Andy Peebles	M/40	Jun
Nicki Wright	F/50	Jun
Elizabeth O'Sullivan	F/45	Jun
D'Arcy Lewis	M/40	Jun
Michael Vanbrunt	M/35	Jun
Maureen Jameson	F/50	Jun
Michael Sullivan	M/55	Jul
Michael McCoulf	M/30	Jul
Scott Ingerick	M/45	Jul
Steven Kristek	M/45	Jul
Rob Walters	M/35	Jul
Sheila Bennett	F/55	Aug
Dave Worrall	M/50	Aug
Richard Swanson	M/45	Aug
Peter Doerner	M/40	Aug
Richard Rigotti	M/40	Aug
Donna Torpey	F/65	Aug
James Kowalski	M/50	Aug
Lisa Hutchings	F/35	Aug
Sterling Fulmer	M/75	Aug
Sarah Keesler	F/20	Aug
Martin Killory	M/85	Aug
John Kopcienski	M/40	Aug
Karen Snyder	F/45	Sep
Jessica Krisanda	F/35	Sep
Guy Pirdy	M/45	Sep
Jill Franz	F/35	Sep
Josephine Konvinse	F/45	Sep
Stefanena Kysor	F/75	Sep
Thomas Ferraro	M/50	Sep
Donald Blake	M/60	Sep
Ken Koppenhaver	M/35	Sep
Suzanne Dietrich	F/55	Sep



# Niagara District Masters Swimming 2003 Swimmer Registration



The Niagara District is the Local Masters Swimming Committee (LMSC) of United States Masters Swimming (USMS), and one of the three districts encompassing New York State. We include the 24 counties from Buffalo and Niagara Falls south to Olean and Jamestown and east to Syracuse and Binghamton. Over 40,000 swimmers are registered nationally with approximately 500 in the Niagara District.

Masters swimming is open to all athletes, **regardless of swimming ability**. Our primary goal is to provide an enjoyable opportunity to improve overall fitness and swimming skills.

Those wishing to gauge their progress, and enjoy the camaraderie of Masters swim meets, compete in 5-year age/sex divisions starting with 19-24 and continuing through 100+.

Competitions are held in 25 yard, 25 or 50 meter pools or in open water. As a registered Masters swimmer, you are also eligible for Top 10 ranking at district, national and international levels. Yearly registration is required to participate and includes our newsletter, the **WATERPOWER GAZETTE**, and a subscription to **SWIM**, our national magazine.

Equally important is the insurance coverage it provides our members **at practices supervised by USMS/USA certified coaches** when all swimmers are USMS registered, as well as at all USMS sanctioned and recognized activities.

Choose newsletter delivery method by checking the appropriate box in application.

*To register, complete the form below.*

Technically, in Niagara District, we all belong to only one club, **NIAG**. But when we do our every day workouts, many of us swim either alone or in an active daily swim program with a group of regular swim friends. The organizers of swim meets often like to identify such groups with some sort of symbol. The following four-letter names are some we are currently using. If you are in one of these groups please check the box. If you swim alone check nothing.

- |  |   |
|--|---|
| .. <b>BUMS</b> - Binghamton Univ Masters             | .. <b>HOPS</b> - Hamburg Orchard Pk Masters     |
| .. <b>SMSC</b> - Syracuse Chargers Masters Swim Club | .. <b>TONA</b> - Tonawanda Aq&Fit Masters       |
| .. <b>ITHY</b> - Ithaca YMCA Masters                 | .. <b>RAMS</b> - Rochester Area Masters Swim    |
| .. <b>BLOW</b> - Elmira Blowfish Masters             | .. <b>CDGA</b> - Canandaigua Sawbellies Masters |
| .. <b>NICK</b> - Nickel City Splash Masters          | .. <b>CARP</b> - Univ of Rochester Masters      |
| .. <b>LETC</b> - Letchworth Splash Masters           | .. <b>MMSC</b> - Maverick Masters Swim Club     |
| .. <b>SKAN</b> - Skaneateles                         | .. <b>CORT</b> - Cortland                       |

Pool Name \_\_\_\_\_

Coach's Name \_\_\_\_\_

## DUES \$30.00 (\$15 Sep 1- Oct 31)

Newsletter — Check one: USPS  Email   
(Note: Email will be used if available and no box is checked)

*Membership is valid through December 31, 2003*  
\$20 is for USMS (\$9 of which is designated for a SWIM magazine subscription), and \$10 for the Niagara LMSC

Last Name		First Name		Initial
Street Address			Club	Niagara
City, State, Zip		Home Phone	Work Phone	
Date of Birth	Age	Sex (circle) M      F	E-mail	

WAIVER- I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature (required) \_\_\_\_\_ Date \_\_\_\_\_

If you coach Masters swimmers, check here: \_\_\_\_\_ MACA member: Yes      No

Type of registration: \_\_\_\_\_ New Member      \_\_\_\_\_ Renewal of 2002 Registration # 042 - \_\_\_\_\_

\_\_\_\_\_ I wish to contribute \$1.00 (or \$ \_\_\_\_\_) to the International Swimming Hall of Fame Foundation.

\_\_\_\_\_ I wish to contribute \$1.00 (or \$ \_\_\_\_\_) to the United States Masters Swimming Foundation.

**( I have added these amounts to my 2003 registration fees.)**

Make your \$30 (+contributions) check payable to:  
**Niagara District Masters Swimming (NDMS)**

Mail to: **John E Pilger, Registrar**  
**2125 Masters Rd**  
**Marcellus NY 13108**

Email: **NiagRegistrar@usms.org : 315-673-2268**

New District Records *Bill Walter***Colonies Zone SCM Championship  
Rutgers University Dec 7-8, 2002**

Swimmer	Age	Event	Time	Previous Record	Time
Dana Woody	33	200 M Free	2:21.40	Francesca Crannell	2:24.16
Dana Woody	33	400 M Free	4:50.04	Dana Woody	4:58.57
Dana Woody	33	800 M Free	9:56.68	Francesca Crannell	10:41.82
Dana Woody	33	1500 M Free	19:03.09	Francesca Crannell	20:16.39
Dana Woody	33	100 M Back	1:17.98	Jacqueline Zaganiacz	1:19.10
Dana Woody	33	100 M Fly	1:15.69	Tina Buzak	1:33.69
Dana Woody	33	200 M Fly	2:49.75	Judith Tanenbaum	3:15.41
Dana Woody	33	200 M IM	2:39.84	Francesca Crannell	2:45.31

**Syracuse Chargers Masters Meet SCY  
Syracuse University Jan 18, 2003**

Swimmer	Age	Event	Time	Previous Record	Time
Dana Woody	33	200 yd Back	2:26.27	Dana Woody	2:27.18
Dana Woody	33	200 yd IM	2:25.64	Dana Woody	2:25.69
Denise Everitt	50	100 yd Free	1:05.34	Patricia Pagiarulo	1:08.00
Denise Everitt	50	200 Free	2:28.18	Jane Gram (Split from 500 Free)	2:38.23
Denise Everitt	50	500 yd Free	6:22.49	Jane Gram	6:51.85
Denise Everitt	50	200 yd Back	2:50.77	Jane Gram	2:56.80
Denise Everitt	50	50 yd Fly	31.96	Jane Gram	36.40
Denise Everitt	50	200 yd IM	2:39.21	Jane Gram	2:58.25
Amy Johnson	60	200 yd Breast	3:45.93	Anneleise Eibl	3:55.99
Amy Johnson	60	200 yd IM	3:33.92	Betty Dunn	3:38.81
Jack Altdoerfer	48	100 yd Back	58.75	Jack Altdoerfer	58.94
Tom Meade	55	50 yd Free	24.30	Dan Walters	26.36
Tom Meade	55	100 yd Free	54.93	Donald Cannamela	1:01.53
Tom Meade	55	200 yd Free	2:02.48	James Pitts	2:22.09
Tom Meade	55	50 yd Back	31.68	George McNamara	32.54
Tom Meade	55	100 yd Back	1:08.91	George McNamara	1:10.81
Tom Meade	55	200 yd Back	2:30.83	George McNamara	2:38.94
Joseph Coss	93	100 yd Back	4:40.96	No Previous Record	

**Canandaigua Invitational Master's Meet (SCY)  
Canandaigua High School Feb 23, 2003**

Swimmer	Age	Event	Time	Previous Record	Time
Dana Woody	33	200 yd IM	2:24.31	Dana Woody	2:25.64
Dana Woody	33	400 yd IM	5:03.70	Dana Woody	5:04.48
Denise Everitt	50	50 yd Free	29.73	Jane Gram	30.37
Denise Everitt	50	1000 yd Free	13:07.94	Sandra Kingdon	14:27.86
Denise Everitt	50	100 yd Fly	1:10.97	Jane Gram	1:28.96
Denise Everitt	50	100 yd IM	1:14.57	Holly MacMurray	1:16.87
Janet Kerr	55	100 yd Free	1:10.68	Jane Gram	1:11.55
Janet Kerr	55	50 yd Fly	35.67	Janet Kerr	36.44
Louise Murray	62	50 yd Back	46.59	Stefanena Kysor	47.32
Mark Matheson	33	200 yd Free	1:49.39	Peter Glauber	1:53.47
Mark Matheson	33	500 yd Free	5:01.38	Robert Stocks	5:10.64
Mark Matheson	33	200 yd Fly	2:02.91	Peter Glauber	2:05.38
Tom Meade	55	100 yd Breast	1:14.90	George McVey	1:19.74
Tom Meade	55	50 yd Fly	27.81	James Brown	30.58
Tom Meade	55	100 yd IM	1:05.03	Ken McGeough	1:12.90
Dan McNeil	80	200 yd Fly	8:18.48		
Dan McNeil	80	400 yd IM	12:57.53		

New District Records *Bill Walter*  
(continued)

**BUMS Meet (SCY)**  
**Binghamton University Mar 16, 2003**

Swimmer	Age	Event	Time	Previous Record	Time
Dana Woody	33	400 yd IM	5:02.93	Dana Woody	5:03.70
Janet Kerr	55	50 yd Free	31.87	Jane Gram	31.96
Janet Kerr	55	100 yd Free	1:10.04	Janet Kerr	1:10.68
Janet Kerr	55	50 yd Fly	35.63	Janet Kerr	35.67
Tom Meade	55	1000 yd Free	12:02.72	Donald Cannamela	13:58.88
Tom Meade	55	100 yd Fly	1:02.71	Leonard Goldstone	1:12.59
John Hodgson	69	200 yd Back	2:58.98	Gus Dielh	3:06.34
Dan McNeil	80	200 yd Fly	8:12.82	Dan McNeil	8:18.48

**Niagara Splash (SCY)**  
**U. Buffalo Mar 30, 2003**

Swimmer	Age	Event	Time	Previous Record	Time
Dana Woody	33	500 yd Free	5:29.96	Amy Wagner	5:32.59
Dana Woody	33	400 yd IM	5:01.84	Dana Woody	5:02.93
Kelly Lombardo	36	50 yd Fly	28.56	Karen Bulmahn	28.77
Karen Bulmahn	38	200 yd Fly	2:22.92	Karen Bulmahn	2:23.13
Candy Kane	50	200 yd Back	2:47.77	Denise Everitt	2:50.77
Janet Kerr	55	50 yd Free	31.20	Janet Kerr	31.87
Jane Gram	56	200 yd Free	2:37.66	Jane Gram	2:38.68
Jane Gram	56	50 yd Back	38.81	Jane Gram	39.19
Amy Johnson	61	50 yd Fly	43.43	Amy Johnson	43.80
Richard Gleason	34	50 yd Back	25.77	David Sheets	25.93
Steve Tothero	33	100 yd IM	57.53	Eric Winkky	58.31
Bill Heinemann	45	50 yd Breast	30.83	Norbert Olzmann	31.95
Bill Heinemann	45	100 yd Breast	1:07.79	Norbert Olzmann	1:08.74
George McVey	75	50 yd Breast	44.15	William Eibl	48.49
George McVey	75	100 yd Breast	1:37.29	Robert Johnston	1:47.28
George McVey	75	200 yd Breast	3:41.55	William Eibl	4:07.09

**2003 ColoniesZone SCY Championship**  
**George Mason University Aquatic & Fitness Center April 11-13, 2003**

Swimmer	Age	Event	Time	Previous Record	Time
Tom Meade	55	50 yd Free	24.24	Tom Meade	24.30
Tom Meade	55	100 yd Free	53.71	Tom Meade	54.93
Tom Meade	55	200 yd Free	2:01.43	Tom Meade	2:02.48
Tom Meade	55	500 yd Free	5:42.10	George McNamara	6:45.01
Tom Meade	55	50 yd Fly	26.98	Tom Meade	27.81
Tom Meade	55	100 yd Fly	1:01.86	Tom Meade	1:02.71

**2003 NYS Championship (SCY)**  
**Union College May 3-4, 2003**

Swimmer	Age	Event	Time	Previous Record	Time
Dana Woody	33	1650 yd Free	19:09.13	Dana Woody	19:20.32
Janet Kerr	55	100 yd Free	1:09.98	Janet Kerr	1:10.04
Janet Kerr	55	50 yd Fly	35.34	Janet Kerr	35.63
Janet Kerr	55	200 yd IM	3:04.34	Janet Kerr	3:14.25
Dan McNeil	80	200 yd Fly	7:57.25	Dan McNeil	8:12.82

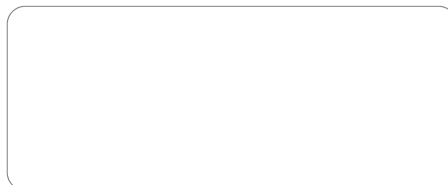
*When reviewing meet results for new Niagara Records, I do not routinely check splits for records.  
If you think you have set a new Niagara Record with a split time, please send me a note at  
NiagRecords@usms.org and I will check the records to verify. Thanks, Bill*



Niagara District Masters Swimming  
 John E Pilger, Registrar  
 2125 Masters Rd  
 Marcellus, NY 13108-9630

**Check out what's inside...**

- Chairman's Update
- Canandaigua OW meet sheet
- Silver Creek OW meet cancellation notice
- Spring NIAG Records



**Summer 2003**

**Niagara District Calendar**

DATE	SITE	HOST	VENUE	CONTACT
May15-18	Tempe Arizona		SCY Nationals	Mark.Gill@asu.edu
Jul15-Sep30	Your pool	Indy SwimFit	5K/10K Postal Champs	goldstein@mindspring.com
July 12-13	Cleveland St U, Cleveland, OH	www.ohiomasters.com	Ohio Masters LCM	cath.p@worldnet.att.net
July 19	Kershaw Pk, Canandaigua Lk	Canandaigua Sawbellies	1 Mi / 2 Mi OW	Meet sheet in this issue
Jul 26-27	SUNY Brockport		Empire State Games	due 6/24, 518-474-8889
Jul 27-28	Kihei Aquatic Ctr, Maui Hawaii	Hawaii Masters Swim Assn	Hawaii Intl Masters SCM	chair@hawaiimastersswim.org
Aug 14-17	Rutgers Univ, Piscataway NJ	Garden State Masters	LCM—Nationals	antoniou@rci.rutgers.edu
Oct TBA	SUNY Buffalo—Amherst	Nickel City	SCY	Meet sheet in future issue
Nov TBA	Ithaca College	Ithaca Coll Swim Team	SCY	Meet sheet in future issue

**Sep 1st next deadline**

**Lynn Fuller wants to cook you a hot dog at Canandaigua — Sign up today!!**