

Water Power Gazette

<http://www.niagamasters.org>

<http://www.usms.org>

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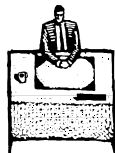
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Chairman's Update

By Dan Kornblatt



NYS Champs Meet Moves West

Hi everyone. Sorry this issue of the Water Power Gazette is a bit late. We have been having problems siting meets. The Syracuse team, and Tim Conan in particular, tried many ideas but between pools wanting to fund their next year's budgets or lack of timing systems, it turned out better to host the New York State SCY Championships there in 2005. The University at Buffalo's Nickel City Splash team will be hosting the meet this March 20-21. A meet sheet has just been worked out and is being included in this issue of WPG. Niagara is hosting the meet this year and next. Also, due to the same financial concerns not being corrected till it was too late, Syracuse will not be hosting their regular January meet this year.

Dist Meeting at Canandaigua

All this means, our next meet will be the Feb 22, at Canandaigua. We will also be holding our annual district meeting after the meet. Please fill free to join the meeting. We discuss our district finances, upcoming events and entertain all comments from members on how we can improve. We also are always looking for people to help in district functions. The meeting usually only takes a half hour and is open to all members.

Reregister NOW!!

January is USMS re-registration month. We all must re-register to maintain our insurance coverage, Swim subscriptions and attend any meets in 2004. Due to continued low operating costs, Niagara will be able to maintain our \$30.00 fee. In fact, we are running a little over our target balance. We have decided to give all members a small gift of a USMS license plate holder along with your new USMS registration card. While our membership has been holding steady in the 500 range, we all must be ambassadors for Masters Swimming. There are many ex-high school and collage swimmers who may not be aware of our lifetime sport. These license plate holders are an inexpensive way to boost Masters Swimming in this Olympic year.

Championships beckon

With the early SCY Nationals in Indy in April, things are a bit compressed this season. The Colonies Zone Championships are April 3-4 once again at George Mason U in Fairfax Va. The meet sheet is on our Niagara website. The Nationals in Indy are April 22-25. Entries are due by March 11th. The last meet held there produced very fast times and a strong showing by Niagara swimmers. I hope many of you will plan on attending. Remember, everyone may swim at least three events plus relays, without qualifying. The experience period for qualifying times for your remaining three events is two years. Meet sheets are in the current issue of Swim and on the Niagara and USMS websites.

See everyone at Canandaigua!!! Dan



**MASTERS WORKOUTS
IN NIAGARA DISTRICT**

Rochester Area Masters Swimming (RAMS)

Lorie Rick, Coach 585-442-1770 X3075,
lrick@harleyschool.org
Wed & Fri 5:45 - 7:00am, Tues & Thurs 8:00 -
9:30pm at The Harley School
Sat 6:00 - 7:30am, Sun 7:30 - 9:00am at RIT

Syracuse Chargers Masters Swim Club (SMSC)

Tim Conan, pres - TJC@CCF-law.com ph. 315-
422-1152

Mon-Fri 5:30-7pm SU Women's Bldg Pool

Binghamton Univ Masters Swimming (BUMS)

Dan Kornblatt, 607-692-7428,
dannyswims@aol.com
Mon, Wed, Fri 6-7:15am; Sat 7:30-9am

Cornell Masters, Cornell Univ (CORN)

DeenaCrossmore,607-273-5411,
DGC500@aol.com
Mon-Fri 12:15-1:30pm; Sat 3-5pm; Sun Noon-2pm

Canandaigua Masters (CDGA)

Laura Love, Coach 585-398-2232
Lynn Fuller, Coach 585-394-2949,
lffeee@ritvax.isc.rit.edu
Mon, Tues, Thur, Fri 8:30-10pm

Nickel City Splash, Univ of Buffalo (NICK)

Andrea Gomez, (716) 832-6075,
ondrayag@aol.com
Tues & Thur 5:30-7:00am, Sat 7:00-8:30am
www.wings.buffalo.edu/org/nickelcity

Buffalo Area

Northeast YMCA, 4433 Main St, Snyder 14226
Rick Marable (716)836-0041
M, W & F 6-7:15 AM

Amherst Masters Swim Team

Heim Middle School, Williamsville 14221
Cheryl Banks-Marron (716)634-8313
M, W & F 6-7 am

Johnson City YMCA Masters

Peter Peguero, 607-770-9868, pepeguero@aol.com
Mon & Wed 8:30-10pm, Sun 10:30-12Noon

Hamburg (HOPS)

Wendy Ryan 716-648-6849, WRHOPS@aol.com
Hamburg Middle School - Mon & Wed 6:30-8pm
Hamburg Senior High - Sun 12-1:30pm

Ken-Ton YMCA (KENT)

Jeff Klin (716) 874-5051
Mon & Wed 8-9:30pm; Fri 5-6:30pm

Univ of Rochester Masters

Eric Stefanski, 585-275-9469
Tues & Thur 7-8:30 pm, Sun 9-11am

Ihtaca YMCA Masters (ITHY)

Kevin Valley, Coach, 607-844-3040
Shelly Matheny, Coach, 607-844-4181
Mon only 7-8:45 pm (YMCA phone 607-257-1010)

Auburn YMCA

Jennifer Walter, Coach 315-253-5304
Mon & Wed 6:30 - 7:30AM

McMasters, Cortland YMCA (CORT)

Dan Mcneil, 607-756-7030, dfmcneil@twcny.rr.com
Wed only, 5:00-6:30 pm

Skaneateles Masters Swim Club (SKAN)

Contact: Carol Stokes-Cawley, Stocaw@aol.com,
Sharon Slater, 315-685-3353.
Mon, Wed, Fri 5:30am-7am

Maverick Masters Swim Club (MMSC)

Daniel Dubois, ddubois@monroecc.edu, 585-292-2846
MCC Pool, Rochester, Tue/Thur 6-7:30 AM,
Sunday- 8-10 AM

Letchworth Masters Swimming (LETC)

Letchworth Central School M,W,F 7:15-8:15pm
Ann Marie Crye, amgorski@letchworth.k12.ny.us

Contact the Editor with any
corrections or additions.

Call ahead before going to any of these
practices
since workout times may have changed.

CANANDAIGUA MASTERS SWIM MEET

FEBRUARY 22, 2004, SUNDAY, WARM-UP 10:00 AM MEET START 11:00 AM
 SPONSORED BY THE CANANDAIGUA MASTERS SWIM CLUB
 AND THE CANANDAIGUA ACADEMY SWIM TEAM BOOSTERS CLUB

Name _____ CASA/USMS # _____
 Sex _____ Age _____ Date of Birth _____ Club (where you practice) _____
 Telephone No _____ Club (from your USMS card) _____
 Address _____

Event No.	Event Name	Seed Time	Event No.	Event Name	Seed Time
1	200 yd Medley Relay	_____	10	200 yd Free Relay	_____
2	200 yd Free	_____	11	100 yd Fly	_____
3	100 ys IM	_____	12	50 yd Backstroke	_____
4	100 yd Backstroke	_____	13	100 yd Freestyle	_____
5	50 yd Freestyle	_____	14	200 yd IM	_____
6	200 yd Fly	_____	15	50 yd Breastroke	_____
7	100 yd Breastroke	_____	16	200 yd Backstroke	_____
8	400 yd IM	_____	17	50 yd Fly	_____
9	500 yd Freestyle	_____	18	200 yd Breastroke	_____
	Ten Minute Break		19	1000 yd Freestyle	_____

Events will be mixed (men and women) and timed finals seeded slowest to fastest by time. Event 19 will be seeded fastest to slowest.

Open to all USMS and CASA registered swimmers 19 and older as of February 22, 2004.

USMS registration will be available at the meet.

No. Of Relays _____ x (free) = _____ 19+, 25+, 35+, 45+, 65+, 75+ (determined by youngest swimmer)
 No. Of Events (5 or less) _____ x \$3.00 = _____ NO DECK ENTRIES, only relays may be deck entered
 Registration Fee _____ = \$5.00
 Mailing of Final Results _____ x \$3.00 = _____ **ENTRIES MUST BE RECEIVED**
TOTAL _____ **BY FEBRUARY 16, 2004**

INCLUDE PHOTOCOPY OF USMS REGISTRATION, CHECK OR MONEY ORDER - MADE OUT TO CANANDAIGUA ACADEMY SWIM TEAM BOOSTERS CLUB, AND SIGNED WAIVER

SEND ENTRIES TO:
 Lynn Fuller, Meet Director
 3971 West Lake Road
 Canandaigua, NY 14424

FACILITY: Canandaigua High School pool is an 8 lane 25 yard, electronically timed pool, non-turbulent lane lines, and separate diving pool for continuous warm-up/down, 7.4 miles south of NYS Thruway Exit 44 on Rt 332 (Main St. in Canandaigua), East on Chapel St. 1 mile, left to school

AWARDS: for 1st, 2nd, and 3rd place finishers

(585) 394-2949 Tel&Fax
 email:lffeee@rit.edu

WARM-UP: 10:00-10:30 Lanes 1-8 circle swimming, NO DIVING,
 10:30-11:00 Lanes 1 & 8 for diving and sprints

Sanctioned by Niagara District Masters Swimming for USMS, Inc., Sanction Number: ND04-01

WAIVER:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PRORGAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)

Signature of Participant _____ Date _____

NEWBIES Oct-Dec


Name	Sex/Age	City
Melanie Bainbridge	F / 32	Amherst
Dawn Bennett	F / 46	Fillmore
Linda Blythe	F / 46	Warsaw
Mark Bowker	M / 43	Canandaigua
Brock Carmichael	M / 50	Gainesville
Tracy DiBiasio	F / 22	Hamburg
Thomas Erdle	M / 57	Rochester
Michael Fedoryshyn	M / 50	Pittsford
Mark Garguilo	M / 47	Tonawanda
Scott Ingerick	M / 44	Canandigua
Melody Lavin	F / 38	Perry
Vincent Luongo	M / 42	Rochester
Quyen Luu	F / 23	Syracuse
Stephen Mack	M / 39	Rush
Suzanne Maio-Wade	F / 44	Rochester
Jim Mollosky	M / 27	Lockport
Maureen Niche	F / 55	Farmington
Ivy Oretskin	F / 49	Binghamton
Larry Ota	M / 70	Rochester
Gary Paquin	M / 59	Fairport
Joan Rosati	F / 63	Rochester
Melissa Schug	F / 35	Freeville
Debbra Simard	F / 27	Warsaw
Martin Sochia	M / 41	Spencerport
Jennifer Thomas	F / 23	Syracuse
James Walsh	M / 70	Lakeville
Nicholas Weis	M / 32	Scottsville
Celeen Woodard	F / 37	Perry

AGE UPS Jan-Apr

Name	Sex/Age	Month
Elizabeth Soderberg	F/35	JAN
Jim Chivers	M/65	JAN
Barbara Tomasso	F/50	JAN
Kelsee Coykendall	F/30	JAN
Charlie Wallace	M/50	JAN
Colleen Mullaney-Westfall	F/40	JAN
Whitey Huber	M/65	FEB
Scott Eddy	M/45	FEB
John VanSlyke	M/40	FEB
Marcelo Barreiro	M/70	FEB
Trevor Syversen	M/35	MAR
Jennifer Boehmer	F/35	MAR
Chip Franz	M/45	APR
Russell Perrin	M/45	APR
George Bauman	M/90	APR
Annie Szuis	F/85	APR
Arlene Weyman	F/60	APR
Ken Turner	M/55	APR
Christine Darlak	F/50	APR

Registration News:

The good news is that we are now at 340 members while last year at the same time we had 305 enrolled. The flip side, however, is that there are still 190 members from 2003 who haven't renewed. This represents about 40% of the previous membership. Even allowing for emigration, illness and all around purple funk we should have had better than 60% renewing by now. Please encourage your swim mates to sign up anew.

To make this easier this news letter will have different page 7s. If you are already registered there is a 2004 registration form which you can use for any of your friends or neighbors. If not registered the cover will say "Last issue -Registration expired" and page 7 will be a reprint of the personalized renewal form I previously sent out. Please send it back soon to keep *Swim Magazine* current. 

Thanks loads,
John

2004 New York State Masters Championship

Hosted by Nickel City Splash Masters, Buffalo, NY

Saturday and Sunday, March 20-21, 2004

University at Buffalo Alumni Arena

Location: · University at Buffalo Alumni Arena, Amherst, NY. From the NYS Thruway, take Exit 50 to 1-290 West to Exit 5B Millersport Hwy (Rt. 263 North). Take Millersport to the Coventry Entrance. Alumni Arena is located ahead of the 1st stop sign. Parking is available on the left, or in the back of the Arena.

Time: · Warm-up is as follows (PLEASE READ CAREFULLY): 8:00am Warm Up/9:00am. Check in for all swimmers is required and will be located on the pool deck. Please have your USMS/MSO card with you for verification. Positive Check-in for the 500, 1000 and 1650 Free and 400 IM is REQUIRED. Swimmers who have not been checked in will be scratched

Eligibility: · Open to all USMS and Canadian Registered swimmers 19 years or older.

Entries: · A photocopy of your current USMS or MSO card must be included with your entry.
· Must be RECEIVED by Saturday, March 13, 2004. NO EXCEPTIONS!! No deck entries!! (except relays).
· Cost: \$25/swimmer US Funds or \$30/swimmer Canadian Funds (Includes 5 individual events maximum plus relays).
· Checks payable to: Nickel City Splash. Mail entries to: Andrea Gomez, 68 Jasper Dr., Amherst, NY 14226
· Questions? Call Andrea Gomez at (716) 832-6075 or email: ondrayag@aol.com

Rules ● 2004 USMS Rules and Regulations will apply. NO DIVING DURING WARM-UP AND COOL DOWN

Seeding: ● Slow to fast submitted: NO Time entries will be seeded in the slowest heats.

Hotels: Local Hotels (within 5 minutes of the University of Buffalo Pool)

Super 8 (716) 688-0811, 1 Flint Road, Amherst

Hampton Inn (716) 689-4414, 10 Flint Rd. Amherst

Marriot Hotel (716) 689-6900, 1340 Millersport Hwy, Amherst

Red Roof Inn (716) 689-7474, Millersport Hwy, Amherst

Motel 6 (716) 834-2231, 4400 Maple Rd, Amherst

2004 New York State Masters Championship

Hosted by Nickel City Splash Masters, Buffalo, NY

Saturday and Sunday, March 20-21, 2004

University at Buffalo Alumni Arena

EVENTS (indicate yards times)

Saturday March 20, 2004

Warm-up 8:00am; Event#1 starts 9:00am

- #1 ____:____.____ 500 yd Freestyle*
- #2 Deck Enter 200 yd Medley Relay**
- #3 ____:____.____ 200 yd Butterfly
- #4 ____:____.____ 100 yd Breaststroke
- #5 ____:____.____ 50 yd Backstroke
- #6 ____:____.____ 200 yd Freestyle
- #7 ____:____.____ 50 yd Butterfly
- #8 ____:____.____ 200 yd Backstroke
- #9 ____:____.____ 100 yd Freestyle
- #10 Deck Enter 200 yd Freestyle Relay**
- #11 ____:____.____ 400 yd IM*

Sunday, March 21, 2004

Warm-up 8:00am; #10 starts at 9:00am

- #12 Deck Enter 200 yd Free Relay
- #13 ____:____.____ 50 yd Breaststroke
- #14 ____:____.____ 200 yd IM
- #15 ____:____.____ 100 yd Backstroke
- #16 ____:____.____ 50 yd Freestyle
- #17 ____:____.____ 100 yd Butterfly
- #18 ____:____.____ 200 yd Breaststroke
- #19 ____:____.____ 100 yd IM
- #20 Deck Enter 200 yd Medley Relay**
- #21 ____:____.____ 1000 yd Freestyle*
- #22 ____:____.____ 1650 yd Freestyle*

*Deck seeded, Positive check-in will be required or you will be scratched.

You may swim either the 1000 or the 1650 not both

**Can be mixed, men's or women's; deck enter, no fee

Name: _____

Address: _____

City: _____ State _____

Zip/PC: _____ E-mail: _____

Age (as of 3/21/2004): _____ D.O.B. _____

USMS/MSO# (or other): _____ Gender: _____

Local Club: _____

****AWARDS GIVEN TO THE TOP 3
FINISHERS
IN EACH AGE-GROUP.**

Relay awards given to the top three
finishers overall

Please check out the Nickel City Splash
Website for detailed directions to our pool.
Results will be posted following the meet!!

wings.buffalo.edu/org/nickelcity

Checks payable to: *Nickel City Splash.*

Mail entries to: *Andrea Gomez
68 Jasper Dr.
Amherst, NY 14226*

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____ Date: _____



Niagara District Masters Swimming 2004 Swimmer Registration



The Niagara District is the Local Masters Swimming Committee (LMSC) of United States Masters Swimming (USMS), and one of the three districts encompassing New York State. We include the 24 counties from Buffalo and Niagara Falls south to Olean and Jamestown and east to Syracuse and Binghamton. Over 40,000 swimmers are registered nationally with approximately 500 in the Niagara District.

Masters swimming is open to all athletes, **regardless of swimming ability**. Our primary goal is to provide an enjoyable opportunity to improve overall fitness and swimming skills.

Those wishing to gauge their progress, and enjoy the camaraderie of Masters swim meets, compete in 5-year age/sex divisions starting with 19-24 and continuing through 100+.

Competitions are held in 25 yard, 25 or 50 meter pools or in open water. As a registered Masters swimmer, you are also eligible for Top 10 ranking at district, national and international levels. Yearly registration is required to participate and includes our newsletter, the **WATERPOWER GAZETTE**, and a subscription to **SWIM**, our national magazine.

Equally important is the insurance coverage it provides our members **at practices supervised by USMS/USA certified coaches** when all swimmers are USMS registered, as well as at all USMS sanctioned and recognized activities.

Choose newsletter delivery method by checking the appropriate box in application.

To register, complete the form below.

Technically, in Niagara District, we all belong to only one club, **NIAG**. But when we do our every day workouts, many of us swim either alone or in an active daily swim program with a group of regular swim friends. The organizers of swim meets often like to identify such groups with some sort of symbol. The following four-letter names are some we are currently using. If you are in one of these groups please check the box. If you swim alone check nothing.

- | | |
|--|---|
| .. BUMS - Binghamton Univ Masters | .. HOPS - Hamburg Orchard Pk Masters |
| .. SMSC - Syracuse Chargers Masters Swim Club | .. TONA - Tonawanda Aq&Fit Masters |
| .. ITHY - Ithaca YMCA Masters | .. RAMS - Rochester Area Masters Swim |
| .. BLOW - Elmira Blowfish Masters | .. CDGA - Canandaigua Sawbellies Masters |
| .. NICK - Nickel City Splash Masters | .. CARP - Univ of Rochester Masters |
| .. LETC - Letchworth Splash Masters | .. MMSC - Maverick Masters Swim Club |
| .. SKAN - Skaneateles | .. CORT - Cortland McMasters (YMCA) |

Pool Name _____

Coach's Name _____

DUES \$30.00 (\$20 Sep 1- Oct 31)

Membership is valid through December 31, 2004
\$20 is for USMS (\$9 of which is designated for a SWIM magazine subscription), and \$10 for the Niagara LMSC

Newsletter — Check one: USPS Email
(If no choice is made Email delivery will be used)

Last Name		First Name		Initial
Street Address			Club Niagara	
City, State, Zip		Home Phone	Work Phone	
Date of Birth	Age	Sex (circle) M F	E-mail	

WAIVER- I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition). including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature (required) _____ Date _____

If you coach Masters swimmers, check here: _____ MACA member: Yes _____ No _____
Type of registration: _____ New Member _____ Renewal of 2003 Registration # 043? - _____

_____ I wish to contribute \$1.00 (or \$ _____) to the International Swimming Hall of Fame Foundation.
_____ I wish to contribute \$1.00 (or \$ _____) to the United States Masters Swimming Foundation.

(I have added these amounts to my 2004 registration fees.)

Make your \$30 (+contributions) check payable to:
Niagara District Masters Swimming (NDMS)

Mail to: **John E Pilger, Registrar**
2125 Masters Rd
Marcellus NY 13108

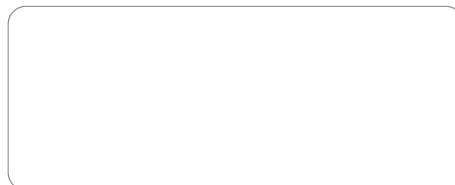
Email: **NiagRegistrar@usms.org : 315-673-2268**



Niagara District Masters Swimming
 John E Pilger, Registrar
 2125 Masters Rd
 Marcellus, NY 13108-9630

Check out what's inside...

- Chairman's Update
- Canandaigua SCY meet sheet
- NYS SCY championship meet sheet
- 2004 Niagara Registration Form



Winter 2003/04

Niagara District Calendar

DATE	SITE	HOST	VENUE	CONTACT
Feb 14	Nepean Sportsplex, Ottawa, ON	Nepean Masters	LCM	Alan: AStrachan@toromont.com
Feb 15	Centennial Pool, Burlington, ON	Burlington Masters	SCM	Sandra: s.mccleary@utoronto.ca
Feb 22	Canandaigua H S	CDGA Sawbellies	SCY	Meet sheet in this issue
Mar 7	Milton, ON	Milton Masters	SCM	John Mayes: jaymayes@look.ca
Mar 20-21	Alumni Arena, SUNY Buff	Nickel City Splash	NYS Champs SCY	Meet sheet in this issue
Mar 26-28	Otobicoke Olympium, Toronto	Ont Swim Officials Assn	Ont Prov Ch. SCM	Chris Smith: chrismith32@hotmail.com
Apr 2&3	Fairfax VA, Geo Mason Univ	Patriot Masters	Zone SCY Champs	C Ward: cherylaward@yahoo.com
Apr 22-25	Indianapolis IN, I U Natatorium		Nationals SCY	goldstein@mindspring.com
Aug 12-15	Savannah GA, Chatham Cty AC		Nationals LCM	scottrabalais@compuserve.com

May 1st next deadline

CHAMPIONSHIPS are calling. Make NIAG a big part of the competition!