

Course Records for LCM - Long Course Metric

Gender Men

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Age Group 19-24

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/1/1994	100 M. Back	Warren Rudnicki	24	LC Nats ECC	1:10.76
8/1/1994	100 M. Breast	George Saleeby	23	LC Nats ECC	1:14.64
8/1/1994	100 M. Free	Warren Rudnicki	24	LC Nats ECC	:58.73
8/1/1994	200 M. Breast	George Saleeby	23	LC Nats ECC	2:45.96
6/1/1995	200 M. Free	Dan Kliman	24	Nottingham HS	3:08.13
7/1/1996	200 M. I.M.	Chris Decicco	23	ESG U. Buffalo	3:25.48
7/1/1996	400 M. Free	Chris Decicco	23	ESG U. Buffalo	6:28.38
8/1/1994	50 M. Back	Warren Rudnicki	24	LC Nats ECC	:31.95
6/1/1995	50 M. Breast	George Saleeby	24	Nottingham HS	:35.09
8/20/2000	50 M. Fly	Koichiro Izumi	24	Maryland Univ.	27.39
8/1/1994	50 M. Free	Warren Rudnicki	24	LC Nats ECC	:26.30
7/1/1996	800 M. Free	Chris Decicco	23	ESG U. Buffalo	13:32.73

Age Group 25-29

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/1/1995	100 M. Back	Blake Verpoten	29	ESG Cortland	1:10.30
8/1/1995	100 M. Breast	Norman Herzog	29	ESG Cortland	1:19.36
8/23/1999	100 M. Fly	Eric Capalupo	25	LC Nats U. Minnesota	1:07.03
8/23/1999	100 M. Free	Eric Capalupo	25	LC Nats U. Minnesota	58.32
8/1/1990	1500 M. Free	Jon-Marc Rodier	25	ESG Syracuse	23:15.2
8/1/1990	200 M. Back	Jon-Marc Rodier	25	ESG Syracuse	3:05.96
8/1/1990	200 M. Fly	Kevin Valley	29	ESG Syracuse	2:57.90
6/1/1995	200 M. Free	Jerome Pedro	27	ECC	2:17.11
6/20/1999	200 M. I.M.	Steve Tothero	29	U. Buffalo	2:28.37
8/19/1996	400 M. Free	Ken Koppenhaver	27	U Michigan	4:44.88
8/1/1995	50 M. Back	Blake Verpoten	29	ESG Cortland	:32.62
6/1/1995	50 M. Breast	Erling Hoie	26	Nottingham HS	:33.69
8/23/1999	50 M. Fly	Eric Capalupo	25	LC Nats U. Minnesota	27.61
6/20/1999	50 M. Free	Steve Tothero	29	U. Buffalo	26.25
1/1/1996	800 M. Free	Ken Koppenhaver	27	Top Ten-3	9:52.40

Friday, April 17, 2009

Gender Men**Age Group 30-34**

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
7/1/1996	100 M. Back	Blake Verpoten	30	ESG U. Buffalo	1:10.65
8/18/2002	100 M. Breast	Steven Totho	32	Cleveland State	1:14.21
8/18/2002	100 M. Fly	Steven Totho	32	Cleveland State	1:02.79
8/18/2002	100 M. Free	Steven Totho	32	Cleveland State	58.05
8/1/1990	1500 M. Free	Steve Schaefer	31	ESG Syracuse	21:46.7
8/1/1990	200 M. Back	Steve Kristek	32	ESG Syracuse	2:31.92
8/1/1994	200 M. Breast	James Matysek	34	LC Nats ECC	2:43.89
8/1/1990	200 M. Fly	Steve Kristek	32	ESG Syracuse	2:29.37
8/1/1994	200 M. Free	James Matysek	34	LC Nats ECC	2:15.36
8/18/2002	200 M. I.M.	Steven Totho	32	Cleveland State	2:23.16
8/18/2002	400 M. Free	Ken Koppenhaver	34	Cleveland State	4:50.40
8/1/1990	400 M. I.M.	Steve Kristek	32	ESG Syracuse	5:27.15
8/18/2002	50 M. Back	Colin Adams	33	Cleveland State	31.99
8/18/2002	50 M. Breast	Steven Totho	32	Cleveland State	33.06
7/1/1996	50 M. Fly	James Mis	34	ESG U. Buffalo	:28.77
7/1/1996	50 M. Free	Brian Bennett	31	ESG U. Buffalo	:25.92
8/18/2002	800 M. Free	Ken Koppenhaver	34	Cleveland State	9:58.36

Age Group 35-39

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/1/1994	100 M. Back	John Tubridy	37	LC Nats ECC	1:10.51
6/1/1995	100 M. Breast	James Matysek	35	ECC	1:16.37
8/1/1994	100 M. Fly	Richard Forrestal	37	LC Nats ECC	1:02.76
1/1/1996	100 M. Free	Kevin Hook	35	Top Ten-1	:54.34
8/17/2003	1500 M. Free	Ken Koppenhaver	35	LC Nats NJ	19:10.4
8/1/1994	200 M. Back	John Tubridy	37	LC Nats ECC	2:33.68
1/1/1996	200 M. Breast	James Matysek	36	Top Ten-7	2:47.93
3/8/2008	200 M. Fly	Mark Matheson	38	Long Island Aquatic	2:17.61
3/9/2008	200 M. Free	Mark Matheson	38	Long Island Aquatic	2:02.91
8/1/1994	200 M. I.M.	Richard Forrestal	37	LC Nats ECC	2:23.12
8/17/2003	400 M. Free	Ken Koppenhaver	35	LC Nats NJ	4:49.93
8/1/1994	400 M. I.M.	Richard Forrestal	37	LC Nats ECC	5:15.27
8/17/2003	50 M. Back	Michael Schiesl	37	LC Nats NJ	32.64
8/19/1996	50 M. Breast	James Matysek	36	U Michigan	34.63
7/1/1996	50 M. Fly	Charlie Roberts	35	ESG U. Buffalo	:27.81
1/1/1996	50 M. Free	Kevin Hook	35	Top Ten-3	:24.93
8/17/2003	800 M. Free	Ken Koppenhaver	35	LC Nats NJ	9:59.86

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Gender Men**Age Group 40-44**

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/4/2002	100 M. Back	Peter Parkes	41	ESG Syracuse	1:11.99
8/20/2000	100 M. Breast	Jim Matysek	41	Maryland Univ.	1:15.53
8/1/1990	100 M. Fly	Larry Chase	41	ESG Syracuse	1:08.77
7/29/2006	100 M. Free	Randy Mayall	40	ESG Brockport	:58.83
8/17/2003	1500 M. Free	Jim Matysek	44	LC Nats NJ	19:36.6
8/1/1990	200 M. Back	Larry Chase	41	ESG Syracuse	2:42.77
8/20/2000	200 M. Breast	Jim Matysek	41	Maryland Univ.	2:45.16
8/1/1995	200 M. Fly	Ken Weir	41	ESG Cortland	2:55.83
7/13/2002	200 M. Free	Neil Brophy	41	U. Buffalo	2:12.57
1/1/1992	200 M. I.M.	Larry Chase	43	Top Ten-9	2:32.75
7/13/2002	400 M. Free	Neil Brophy	41	U. Buffalo	4:40.40
8/17/2003	400 M. I.M.	Jim Matysek	44	LC Nats NJ	5:35.56
8/4/2002	50 M. Back	Peter Parkes	41	ESG Syracuse	31.75
8/23/1999	50 M. Breast	Jim Matysek	40	LC Nats U. Minnesota	34.31
1/1/1992	50 M. Fly	Larry Chase	43	Top Ten-4	:28.51
8/1/1990	50 M. Free	Thomas Meade	42	ESG Syracuse	:26.50
1/1/1992	800 M. Free	Ed Crossmore	44	1992 Top Ten	9:47.47

Age Group 45-49

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
7/26/2003	100 M. Back	Jack Altdoerffer	49	SUNY Brockport	1:08.42
8/1/1990	100 M. Breast	Norbert Olzmann	46	ESG Syracuse	1:16.67
8/8/1999	100 M. Fly	Scott McNealus	48	SUNY Brockport	1:12.04
8/5/2006	100 M. Free	Neil Brophy	45	FINA world champ Ca	:59.69
8/4/2002	1500 M. Free	Robert Webber	46	ESG Syracuse	21:10.5
7/26/2003	200 M. Back	Jack Altdoerffer	49	SUNY Brockport	2:31.84
8/1/1990	200 M. Breast	Norbert Olzmann	46	ESG Syracuse	2:47.43
8/8/1999	200 M. Fly	Scott McNealus	48	SUNY Brockport	2:50.70
8/5/2006	200 M. Free	Neil Brophy	45	FINA World Champ Ca	2:04.43
8/20/2000	200 M. I.M.	Jeffrey Humphreys	45	Maryland Univ.	2:35.92
8/5/2006	400 M. Free	Neil Brophy	45	FINA World Champ Ca	4:24.61
8/12/2004	400 M. I.M.	Jim Matysek	45	LCM national Champ Savannah Ga	5:43.00
7/26/2003	50 M. Back	Jack Altdoerffer	49	SUNY Brockport	31.15
8/12/2004	50 M. Breast	Jim Matysek	45	LCM national champ Savannah GA	0:34.51
8/1/1994	50 M. Fly	David Solomon	45	LC Nats ECC	:29.57
6/1/1994	50 M. Free	Thomas Meade	46	Nottingham HS	:27.20
8/5/2006	800 M. Free	Neil Brophy	45	FINA World Champ CA	9:15.32

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Gender Men**Age Group 50-54**

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
7/29/2006	100 M. Back	Jeff Humphreys	51	ESG Brockport	1:17.47
7/29/2006	100 M. Breast	Jeff Humphreys	51	ESG Brockport	1:24.95
1/1/1994	100 M. Fly	Richard Brooks	50	Top Ten-8	1:14.90
8/8/1999	100 M. Free	Tom Meade	52	SUNY Brockport	1:02.54
8/18/2002	1500 M. Free	Paul Engineri	51	Cleveland State	20:19.8
8/18/2002	200 M. Back	Dan Kornblatt	53	Cleveland State	2:50.51
8/27/2005	200 M. Breast	Bill Beyerbach	50	Colonies Zone LCM Champ	3:09.26
1/1/1994	200 M. Fly	Richard Brooks	50	Top Ten-7	3:07.07
8/8/1999	200 M. Free	Tom Meade	52	SUNY Brockport	2:21.80
7/18/2005	200 M. I.M.	Jeff Humphreys	50	Akron Ohio	2:51.32
8/18/2002	400 M. Free	Paul Engineri	51	Cleveland State	5:11.00
7/13/2002	400 M. I.M.	Daniel Winter	50	U. Buffalo	6:45.68
7/29/2006	50 M. Back	Jeff Humphreys	51	ESG Brockport	:35.01
7/18/2005	50 M. Breast	Jeff Humphreys	50	Akron Ohio	0:38.46
8/8/1999	50 M. Fly	Tom Meade	52	SUNY Brockport	30.59
8/17/2003	50 M. Free	Dan Kornblatt	54	LC Nats NJ	28.55
8/18/2002	800 M. Free	Paul Engineri	51	Cleveland State	10:48.5

Age Group 55-59

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/1/1994	100 M. Back	William Radack	57	LC Nats ECC	1:32.05
7/26/2003	100 M. Breast	Tom Meade	56	SUNY Brockport	1:29.85
8/4/2002	100 M. Fly	Tom Meade	55	ESG Syracuse	1:17.56
8/17/2003	100 M. Free	Tom Meade	56	LC Nats NJ	1:01.39
8/4/2002	1500 M. Free	Tom Meade	55	ESG Syracuse	22:33.6
8/4/2002	200 M. Back	Tom Meade	55	ESG Syracuse	3:01.16
7/26/2003	200 M. Breast	William Adams	57	SUNY Brockport	3:46.54
8/1/1994	200 M. Fly	Michail Verba	59	LC Nats ECC	4:21.74
8/18/2002	200 M. Free	Tom Meade	55	Cleveland State	2:18.90
8/17/2003	200 M. I.M.	Tom Meade	56	LC Nats NJ	2:41.74
8/17/2003	400 M. Free	Tom Meade	56	LC Nats NJ	5:00.78
8/17/2003	400 M. I.M.	Tom Meade	56	LC Nats NJ	6:05.81
1/1/1994	50 M. Back	William Radack	57	Top Ten-10	:38.38
7/26/2003	50 M. Breast	Tom Meade	56	SUNY Brockport	40.84
8/17/2003	50 M. Fly	Tom Meade	56	LC Nats NJ	30.90
8/17/2003	50 M. Free	Tom Meade	56	LC Nats NJ	27.09
8/18/2002	800 M. Free	Tom Meade	55	Cleveland State	10:50.1

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Gender Men

Age Group <u>60-64</u>	Date	Event	Name	Age	Pool	Time
	8/4/2002	100 M. Back	George Mcnamara	60	ESG Syracuse	1:25.18
	8/1/1994	100 M. Breast	Jack VanLandingham	60	LC Nats ECC	1:35.40
	8/1/1990	100 M. Free	James Pitts	60	ESG Syracuse	1:11.71
	7/1/1996	1500 M. Free	Peter Lansbury	63	ESG U. Buffalo	33:38.6
	8/4/2002	200 M. Back	George Mcnamara	60	ESG Syracuse	3:12.91
	8/1/1994	200 M. Breast	Jack VanLandingham	60	LC Nats ECC	3:40.26
	6/1/1996	200 M. Fly	Michail Verba	61	Nottingham HS	4:43.37
	8/1/1990	200 M. Free	James Pitts	60	ESG Syracuse	2:49.29
	6/1/1996	200 M. I.M.	William Weber	64	Nottingham HS	4:02.43
	8/1/1990	400 M. Free	James Pitts	60	ESG Syracuse	6:22.14
	8/4/2002	50 M. Back	George Mcnamara	60	ESG Syracuse	38.26
	7/1/1996	50 M. Breast	Jack VanLandingham	62	ESG U. Buffalo	:41.30
	6/1/1994	50 M. Fly	Walter Foley	62	Nottingham H.S.	40.07
	8/1/1994	50 M. Free	Jack VanLandingham	60	LC Nats ECC	:31.47
	8/1/1990	800 M. Free	James Pitts	60	ESG Syracuse	13:03.4

Age Group <u>65-69</u>	Date	Event	Name	Age	Pool	Time
	8/4/2002	100 M. Back	John Hodgson	69	ESG Syracuse	1:36.95
	1/1/1993	100 M. Breast	G. McVey	66	Top Ten-7	1:37.97
	7/1/1996	100 M. Fly	Jack Howell	66	ESG U. Buffalo	1:47.16
	8/1/1995	100 M. Free	James Pitts	65	ESG Cortland	1:14.79
	8/1/1990	1500 M. Free	Herman Forest	69	ESG Syracuse	29:29.4
	7/1/1996	200 M. Back	Gus Diehl	67	ESG U. Buffalo	3:44.72
	1/1/1993	200 M. Breast	G. McVey	66	Top Ten-4	3:38.92
	8/1/1995	200 M. Free	James Pitts	65	ESG Cortland	2:58.95
	8/1/1995	200 M. I.M.	William Weber	65	ESG Cortland	3:49.71
	8/1/1995	400 M. Free	James Pitts	65	ESG Cortland	6:34.10
	6/20/1999	400 M. I.M.	Jack Howell	69	U. Buffalo	8:24.89
	8/4/2002	50 M. Back	John Hodgson	69	ESG Syracuse	42.64
	8/18/2002	50 M. Breast	Jack Van Landingham	69	Cleveland State	41.69
	6/20/1999	50 M. Fly	Jack Howell	69	U. Buffalo	44.92
	7/1/1996	50 M. Free	James Pitts	66	ESG U. Buffalo	:32.93
	8/1/1995	800 M. Free	James Pitts	65	ESG Cortland	13:36.6

Friday, April 17, 2009

Gender Men**Age Group 70-74**

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
7/29/2006	100 M. Back	John Hodgson	73	ESG Brockport	1:42.80
7/26/2003	100 M. Breast	Jack Van Lanningham	70	SUNY Brockport	1:43.55
6/23/2001	100 M. Fly	Jack Howell	71	U. Buffalo	1:57.35
1/1/1994	100 M. Free	Don Agate	73	Top Ten-3	1:19.30
8/1/1990	1500 M. Free	Robert Johnston	73	ESG Syracuse	27:25.9
7/13/2002	200 M. Back	Justin Diehl	73	U. Buffalo	4:00.50
6/23/2001	200 M. Breast	George McVey	74	U. Buffalo	4:13.80
8/1/1994	200 M. Fly	Herman Forest	73	LC Nats ECC	5:57.59
8/1/1990	200 M. Free	Robert Johnston	73	ESG Syracuse	3:20.62
8/1/1990	200 M. I.M.	Robert Johnston	73	ESG Syracuse	3:38.75
8/1/1990	400 M. Free	Robert Johnston	73	ESG Syracuse	7:08.84
6/23/2001	400 M. I.M.	Jack Howell	71	U. Buffalo	9:00.15
8/1/1994	50 M. Back	Don Agate	73	LC Nats ECC	:41.70
7/26/2003	50 M. Breast	Jack Van Lanningham	70	SUNY Brockport	43.10
7/26/2003	50 M. Fly	John Hodgson	70	SUNY Brockport	42.34
1/1/1994	50 M. Free	Don Agate	73	Top Ten-3	:33.04
8/1/1995	800 M. Free	Al Palmer	72	ESG Cortland	24:37.0

Age Group 75-79

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/14/1997	100 M. Back	John Cranch	75	Orlando, FL	1:52.29
1/1/1994	100 M. Breast	Robert Johnston	77	Top Ten-7	2:09.27
7/1/1996	100 M. Free	Don Agate	75	ESG U. Buffalo	1:23.25
1/1/1996	1500 M. Free	Robert Johnston	79	Top Ten-4	28:22.1
8/14/1997	200 M. Back	John Cranch	75	Orlando, FL	4:03.39
7/26/2003	200 M. Breast	John Murray	75	SUNY Brockport	4:40.30
8/1/1995	200 M. Free	Robert Johnston	78	ESG Cortland	3:31.47
8/1/1995	200 M. I.M.	Robert Johnston	78	ESG Cortland	4:14.45
7/1/1996	400 M. Free	Robert Johnston	79	ESG U. Buffalo	7:19.27
7/29/2006	400 M. I.M.	Jack Howell	76	ESG Brockport	9:57.55
7/1/1996	50 M. Back	Don Agate	75	ESG U. Buffalo	:42.25
7/26/2003	50 M. Breast	John Murray	75	SUNY Brockport	52.20
7/1/1996	50 M. Free	Don Agate	75	ESG U. Buffalo	:34.76
1/1/1994	800 M. Free	Robert Johnston	77	Top Ten-6	15:18.4

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Gender Men**Age Group 80-84**

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/17/2003	100 M. Back	John Cranch	81	LC Nats NJ	2:04.96
1/1/1994	100 M. Breast	George Batki	82	Top Ten-8	2:49.28
7/26/2003	100 M. Fly	Dan McNeil	80	SUNY Brockport	4:43.61
7/25/1999	100 M. Free	Robert Johnston	82	Eisenhower AC	1:45.61
8/18/2002	1500 M. Free	John Cranch	80	Cleveland State	39:17.3
8/17/2003	200 M. Back	John Cranch	81	LC Nats NJ	4:27.32
8/1/1994	200 M. Breast	George Bauman	80	LC Nats ECC	6:21.41
7/26/2003	200 M. Fly	Dan McNeil	80	SUNY Brockport	10:17.3
7/25/1999	200 M. Free	Robert Johnston	82	Eisenhower AC	3:48.39
8/1/1995	200 M. I.M.	Gerald Meyer	80	ESG Cortland	6:28.17
7/25/1999	400 M. Free	Robert Johnston	82	Eisenhower AC	8:05.42
7/26/2003	400 M. I.M.	Dan McNeil	80	SUNY Brockport	15:47.1
7/26/2003	50 M. Back	John Cranch	81	SUNY Brockport	59.07
1/1/1994	50 M. Breast	George Batki	82	Top Ten-6	1:01.54
8/1/1995	50 M. Fly	Gerald Meyer	80	ESG Cortland	1:32.51
8/1/1995	50 M. Free	Gerald Meyer	80	ESG Cortland	:50.82
8/17/2003	800 M. Free	John Cranch	81	LC Nats NJ	19:56.2

Age Group 85-89

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
6/17/2000	100 M. Back	George Baumann	86	U. Buffalo	4:07.87
1/1/1995	100 M. Breast	William Duffy	87	Top Ten-2	4:14.45
8/8/1999	100 M. Free	George Baumann	85	SUNY Brockport	2:58.93
1/1/1995	50 M. Back	William Duffy	87	Top Ten-5	1:32.74
1/1/1995	50 M. Breast	William Duffy	87	Top Ten-3	1:37.87
6/17/2000	50 M. Free	George Baumann	86	U. Buffalo	1:29.99

Age Group 90-94

<i>Date</i>	<i>Event</i>	<i>Name</i>	<i>Age</i>	<i>Pool</i>	<i>Time</i>
8/4/2002	100 M. Back	George Batki	90	ESG Syracuse	4:06.08
8/4/2002	100 M. Breast	George Batki	90	ESG Syracuse	5:12.51
6/1/1994	100 M. Free	Joe Reiners	91	Nottingham HS	2:20.20
8/4/2002	200 M. Breast	George Batki	90	ESG Syracuse	11:07.8
8/4/2002	50 M. Back	George Batki	90	ESG Syracuse	1:43.40
6/1/1994	50 M. Breast	Joe Reiners	91	Nottingham HS	1:29.63
8/1/1994	50 M. Free	Joe Reiners	92	LC Nats ECC	:56.82